

Mind Storming

Three Lumps of Rock

Principles of Mind Storming for All Mentors

## Mind Storming

Mind Storming is not like chit chat but it is a casual yet powerful conversation made to shake beliefs that have kept humans overwhelmed. Mind storming will help you come to grips with long standing problems, which does not only lead to more effective thought processes but to a to-do decision, which again results in your desired outcomes.

## Principles of Three Lumps of Rock

The principles of Three Lumps of Rock are the heart of mind storming, which mentors should focus on and adopt as a resolution. The principles are based on clear principles of nature. They are not newly invented yet they are new discoveries!

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## Introduction

Amidst problems that the world is facing today, we are all a part of those problems. It is more frequent to hear that ‘it is harder and harder to survive in this world’.

When we are not conscious, we often let fear to conquer us. Fear makes us behave in a way that prevents us from what we are afraid of. We can appear aggressive but very weak inside. We can also avoid confronting what we fear by doing something else instead.

When we perceive fear as our enemy, we are likely to cope with fear by fleeing or escaping or even fighting back fiercely. One important question is whether these two ways out can really help us solve the problem or they just keep us in an endless loop of fear.

Mahatma Gandhi once said that ‘Whenever you are confronted with an opponent, conquer him with love.’

If the enemy we are facing is fear, is it possible that we can conquer the feeling with love? Is it true that people who love themselves are those who can love others? Otherwise, love that they express is only to be loved back. People are hungry for love and fight with each other and even with themselves in order to overcome fear.

Perhaps the love we are hungry for is hidden in our hearts; we cannot see it as we are overwhelmed by fear.

In order to make the world become a better place to live, with good intentions, more and more people have attempted to solve many problems. The more the problems occur, the more discussions we have to solve those problems.

Some people think that a traditional way of discussions cannot solve the problems but can even exacerbate those problems. So, people have attempted to find a new way of discussions as an alternative way to help the world.

Vet. Pakorn Suwannaprapa is one of those who have participated in a number of discussions for more than a decade. He feels that the traditional way of discussions cannot help solve problems we are facing, so he has attempted to find a new way of discussions until he found a mind storming technique which has been implemented so many times to ensure that this is the type of discussions that we have longed for.

‘Three Lumps of Rock’ is a book that explains mind storming principles for mentors. The book focuses on ‘first- hand experience’ rather than ‘knowledge.’ Mind storming principles underpin mentoring processes that create love among human beings, which makes those who take part in this type of discussions feel the love inside themselves, which in turn, leading to the desired actions.

The first chapter of the book is about love which exists everywhere. Love existed in the past and also exists in the present. Love can be felt in our daily lives even in a discussion room. Love could be a light at the end of the tunnel.

In the second chapter, components of love which focus on mentor and the principles of three lumps of rock are explained.

From chapter 3 to 5, the writer explains the principles of three lumps of rock. Each step of mentoring process, starting from overcoming fear, seeing other people and loving them as your fellow men so that the power of love leads to some actions for human beings, is discussed in detail.

Personally, I participated in several discussions mentioned in this book and was in many impressive situations. I could feel many discussions overwhelmed with love. To reach the stage of being overwhelmed with love, essential components of any discussions are the 'state' of the mentor, participants, and the discussion environment.

If we find love in our hearts, share it with others, and give our love to our fellow men, we may be able to live with fear. This helps make the world less and less lack of love and even make the world become overwhelmed with love as many have dreamt for.

Sasiwimon Chungyanyong

Editor

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LOGO ສາສາ.

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ผู้คนบอกว่า

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เพื่อทำให้มันเป็นไปได้

*David Bohm*

*A theoretical physicist and dialogue philosopher*



## **Preface**

ไม่ว่าที่จุดใด หากประกายแสงที่มีพลังพอได้เกิดขึ้น

นั่นคือจุดกำเนิดของการระเบิดที่ต่อเนื่องรุนแรงที่สุด

ทันใดจะทำให้โฉมหน้าของโลกสว่างไสวไปทั่ว

และนั่นเป็นจุดเริ่มต้นของโฉมหน้าใหม่ของโลก

**Pierre Teilhard de Chardin**

**An idealist philosopher and the writer of *The Phenomenon of Man***

Generally speaking, there are three types of meetings. Each type of meetings serves different purposes of people in different time periods who view the world differently.

In the first age, the period of human evolution, the form humans used to convey messages was basic. In the second era, after the period of the Industrial Revolution, there appeared brainstorming technique which later became popular in the last 50 years. The third period of meetings began decades ago after David Bohm, a quantum physicist, who is also known as the second Einstein, invented a new type of meeting called 'dialogue'.

We often know the type of meetings from the way a meeting is held. We all know well about the type of the first age's meetings as we have been sitting through such meetings which were regularly held at school or in a temple since we were young. The first age's meetings also include preaching, teaching, lecturing and even Hyde Park public speaking. Whenever we hear the word 'meeting', we will think about this type of meetings. When it came to the second age's meetings, which was the age of the Industrial Revolution, people migrated in from the countryside to industrial cities, so people learnt more about brainstorming processes such as Appreciation-Influence-Control (AIC), Future Search Conference (FSC), which several viewpoints were shared before a conclusion was drawn.

The two types of meetings require human perception since those meetings can be seen, touched and the knowledge acquired from them can be applied quite easily. However, the type of meetings in the third age like dialogue, presencing, world café conversation and mind storming is different because the meeting in the age does not require sensory perception and cannot be touched or seen, so it is harder to explain and to understand it. Also, one major limitation is the meeting in the third age may not be suitable for everyone but only suits those who are ready to initiate it. Anyone who does not really believe in the third age's meetings could feel that such meetings are nonsense, miraculous, and unbelievable.

So, from this point onwards, your interpretation on this book depends on the level of your personal belief. I would ask you to open your mind when you read this book. Please don't be too quick to interpret it based on your basic understanding but please recall your experience in attending a meeting. Also, please don't jump to a satisfactory conclusion. Instead, it would be better to draw a conclusion once you have applied the principles.

For me, my experience in attending many meetings has taught me that meetings are not only ways out of people who are in fear, but are means of communication for people who rise above fear. Meetings are not only communication between humans but they include communication between humans and the universe.

Before you read this book, I would recommend you to read two books of mine which are Nithan Thalen Kon Thang Pa and Mind Storming. These two books will help you read this book easier. Also, the book 'Three Lumps of Stone' is not for anyone but it is written for people who are certain that they are ready to devote themselves to be the hosts of new types of meetings.

Anyway, for both who have read the two books of mine and those who haven't, I will give you some background of these two books I mentioned.

### **Fear Limits the Potential of Meetings**

In the first age, the fear of not knowing stimulated people to follow their instincts to help them adjust to a cruel environment. Instincts made them believe that 'the world belonged to God' and they were born to God or were born to serve God and to obey his commands. When there was a problem, people at that time believed that it happened because God was angry or God was defeated by the Devil. What they did was to gather together in fear and asked the shaman to perform a sacred ritual to connect with God. The command of God was then passed on to the tribe leader who would issue it to control his miserable villagers. The villagers believed that once they obeyed God's command, God would protect them in return but if they did not, they would be punished. People who obeyed God were also seen as 'good people' and were widely praised. However, those who did not obey God would be considered 'bad' and would also be punished severely.

Such belief was passed down from one generation to another for thousands of years until it became the overwhelming belief which can be divided in two types, namely simulated ritual such as open air ceremonies and teaching ritual which started from conveying God's message by the shaman in a shrine, preaching of prophets in a religion place, teaching in a school and even a talk given by an invited speaker in a conference room. A place where people assembled was consequently viewed by other people as the place where people there came together to fix a problem and the place would then become a religious place no matter where it was.

In such place, the roles of the shaman and of the tribe leader were assigned to someone, no matter whether they were willing to be or not. The rest of the people would be 'twisted their arms' to be miserable people, no matter whether they were or not. They had to pretend to be badly treated. People in such place did not accept disagreement since they believed that the command of God was complete so they were not supposed to have doubts at all. If they had doubts, they deserved to be punished. Their doubts could also raise doubts of people in different tribes who had similar belief but different God. This could make those who have doubts become eccentrics and could even cause a war like the Crusades that happened between Christians and Muslims in Central Asia.

After the Industrial Revolution, the world moved to the second age of meetings. People during the Industrial Revolution looked at the world in different perspectives. They viewed the world as 'the World of Productive Systems' and they also defined themselves as 'a part of the systems'. The value of people was dependent upon their skills at adjusting themselves to the systems and was defined by their job positions and their incomes. As a result of this belief, people had to pursue high education, work hard and gain more and more new knowledge so as to open up more job opportunities. In this age, people believed that 'a problem arose because there was something wrong in the system'. When a problem occurred,

they asked people to brainstorm to find the cause and solution to the problem and to develop the system to be more effective. This led to the beginning of brainstorming. To illustrate, a promoter acted as a factory owner. He then hired a facilitator, seen as the factory manager, who designed and control forum discussions. The facilitator also selected participants who acted as workers conveying useful information that could be used to draw a conclusion, which could be seen as a product, which later was packed and sent to the promoter in the final stage.

Conclusions drawn from all meeting rooms in the world were used to solve problems and create a better society. It seemed that humans were able to overcome all of the problems and fear. However, it was not that easy to do so.

### **Computers: the Stimulus to the Third Age**

When computers originated, its limitless potential made people unemployed. People in the productive systems were affected and they started to lose the value they had held. Even if they had worked for a long time and perfectly known well about their jobs, when in front of a computer screen and younger workers who were hired to replace them, they appeared to be clumsy and felt like those who were about to be fired. People started to be overwhelmed by fear. The things they could do were to tell themselves to work harder and quicker and make strict rules such as waking up earlier, taking more supplements, attending more meetings, concealing their real feelings, licking their boss' boots, being indifferent, keeping their wits about them to survive day by day, checking their balances in their accounts, and looking for a new job and spinning a tale to sneak away for the new job's trial day. However, when they had free time or took a rest, they could feel the fear.

**From then on, we** begin to lose our confidence in the thing we regularly do. We start to have searching questions like who we are, why we are born, and whether we can reach our full potential. Although we do not want to hear these questions, the thoughts will keep popping up in our heads so we have to get the answers to those questions. We may believe that our intelligence will help us find the solutions, but whenever we look for those solutions, we would feel numb and are unable to find out. Even though we seem to get an answer, once we get it, we would realize that the answer is not even sensible. We would then start to be aimless and disappointed at our wits as we are unable to even answer such simple questions. Life that used to be clear became highly ambiguous. We do not want to believe that we do not know ourselves although we have believed that we know well. We will be enraged by the unknown; however, our defense mechanisms would make us unable to accept that we do not know ourselves, so we would then go back to a world of fear, causing feel a great fear that surges through our bodies.

It is certain that nobody wants to be in the situation for long, so we would struggle to escape and start to cling on the old value again. However, holding on to the previous belief becomes more difficult as the door has already been closed. Our lives will not be the same. We will feel different with things around us. Whenever we feel uncomfortable, we will try to

keep ourselves busy or will travel freely in order to find a place to relax before going back to the same route. However, this might not help us. Some might ask for advice from their organizations, which is quite risky to do so as they may be seen as weak and incompetent. We cannot see a way out though we are being driven to the wall.

### **From Problems to Paradox**

The faster the world moves, the more problems we need to solve. However, it seems that there is no problem that we can really solve. More and more problems still occur.

This is because in reality, the problem we are facing is a paradox in our minds. We cannot make a decision as we are facing a dilemma and do not know which side of the stick we should choose. Both sides weigh equally, so we are unsure of the result. There are so many things that we want to do and so many things that we need to hurry to do. We need as much freedom as stability. We need time and an ability to keep up with technology. We need both great future yet we recall a simple and glorious past. We want to explore the big world but also want to work in a small room. We want to have great knowledge and know incontrovertible facts. We have courage and fear at the same time. We have been up a gum tree and full of worries, making us under a lot of strain.

To make the matter worse, we do not normally have only one paradox but several simultaneously. Those paradoxes do not only hold us back but also consume all of our energy. Whenever we have a paradox and we are in fear and trepidation, we will suffer from new abject miseries, which have not been defined but have still been called 'problems'.

New problems are unlike old ones. They are like frightening shadows on the wall which cannot be seen or touched. Also, they cannot be solved by using the same solution such as fulfilling whatever we missed, which we used 50 years ago. Though the new problems cannot make us sad, they can make us feel aimless and even lost.

Our government have a misunderstanding that we are facing the same problem but more complicated, they then behave as a mother cat leading her kittens to catch a shadow, thereby causing them to feel weak and tired. Likewise, many organizations are getting lost because they are using the same old type of meetings for brainstorming. A wrong policy causes poor administration; as a consequence, the world is full of chaos, despair and mental disorders.

What we have to do today is not to console each other to alleviate problems, but to help each other seek a feasible solution to get out of the situation.

When we are calm, we will find that a paradox is not to be solved and is not a dead end as we believe. At the centre of a conflict, there is a door to the real world: the world of reality that our parents unintentionally gave us the password.

If you ever have the symptom mentioned, it is possible that you almost reach the door. Good news is the key to the door is in the centre of mind storming. If you learn the technique of mind storming quick and implement it in time, what you can do is not only to help yourself but to help others escape from the situation.

### **From a Dominant Field to an Inductive Field**

Meetings do not only lead to a dominant field, which makes people feel in fear and trepidation and limit their potential. Through the field, people in the first age were constrained by traditions while those in the second age were restricted by productive systems. Today, we find that meetings also trigger an inductive field, which can shake our beliefs and live up our full potential.

Once we can invent a new form of meetings and create an inductive field, we will see our true potential and the potential of meeting participants. The released potential will help us live with brave. In addition, we will realize that we are not born to be others who may be good or competent, but we are born to be ourselves.

### **From Lecturers and Facilitators to Mentors**

An inductive field can exist or not depends only on the meeting moderator!!!

In a traditional meeting, the moderator is defined as those who are in the 'state' of a lecturer and a brainstorming facilitator. In a modern meeting, the moderator has to be back to the 'real state of life' because the state serves as a starting point which makes people view the world differently.

In the first age of meetings, a meeting room is viewed as 'a religious place' and listeners are seen as miserable people through the eyes of the lecturer.

In the second age of meetings, the lecturer considers a meeting room a 'factory' and participants are regarded as raw materials or workers.

In the third age of meetings, we see a meeting room, ourselves, participants, staff, an ambience, the purpose of the meeting, meeting indices, as well as meeting processes as the whole. We also see them as a part of the universe. This does not only cause different reactions and actions but also prevent us from going back to traditional meetings. Third age meetings will drive us to go forward and develop our own ways of meetings based on our direct experience.

## **Before Mind Storming**

I am one of those who have attended many meetings. I used to view a meeting from the traditional perspective and apply some of the knowledge I acquired. What makes me different from others is I have had a great passion for how to conduct meetings.

After my graduation, when I worked, my life has involved being a lecturer or a listener. After 1997, my life changed when I discovered the technique of brainstorming. I was so completely sure that 'brainstorming was the technique I could use to overcome fear and help people achieve great happiness'. I worked with Doctor Taweesak Nopkaesorn to develop brainstorming techniques that are suitable for Thais. Doctor Nopkaesorn named the person who helped a group discussion 'a facilitator'. The word was favorably impressed by Mr Pramuan Rujanaseri, the Permanent Secretary for the Ministry of Interior, so that it became widely used. I was so happy and excited with our creation and was still involved in being a facilitator or a participant. Besides, I began to give people training in how to be a facilitator.

Five years later, unexpectedly, I found myself trying to escape from what I love as I was unable to answer two questions that remained unanswered. I did not know what was happening to me. The first unanswered question was '**why were all my final answers the same when meeting were about similar issues although participants, places and techniques were different?**' No matter how many meetings I organized, similar answers were given. The second question was '**why did not any of the participants apply the knowledge they gained from brainstorming session to practice?**' Participants seemed to be happy to express their opinions and proud that their opinions were in the last question of the meeting. Then, without a thought to do as what the meeting concluded, they would just leave the meeting room and do the same in other meetings. The conclusion drawn will then become a piece of information that the meeting organizer compiled in his book.

I am the one who make people leave their places and enter a meeting room. I am also the one who expand the business of meetings and also the one who help form many groups of people to tackle same old problems. However, it seems that none of the problems is really handled. All the problems still persist. What I have done does not help people overcome their fear and find their real happiness as they have dreamt for. I cannot admit the mistake. The only thing I can do is to gaze absently at people who once received my training. I do not know what to tell them as I do not know what a better meeting can be arranged.

In 2008, I finally returned to meetings. I had participated in a project of Mahidol University set up to call for a 'Mental Intelligence' leader who could apply his knowledge to communities around the university, I got nothing to lose and I thought I would go visit the leader of each community. Unlike what I had done before, I did not prepare any questions to ask them. When I was asked 'what I would talk to them', I simply said 'wait until I see them'. Some of the leaders had told me that they had only 30 minutes to talk with me but 3 hours flew so quickly and he was the only one who continued talking. Some people I talked to mentioned something which made me feel speechless within only 15 minutes. For example,



the mayor told me that ‘all candidates for the mayor paid 500 baht to buy votes, I also did. But it depended who could win people’s hearts’. I was so surprised why he dared to say that as this was the first time we met and our conversation was being recorded.

At a point, I thought they all would meet each other, so I arranged time and a place for them. I acted as a conversation starter. Unexpectedly, our informal conversation led to a surprising result. I totally forgot that ‘this was the thing I had been with for more than ten year’. I felt different with the meeting and I felt as if a giant stone had been removed and replaced by a clear cold stream flowing from all directions. I wanted to go back to the meeting again. Then, I started to find an opportunity to organize a meeting for who still relied on me. Although I was still called ‘a facilitator’, I felt the difference and continued to develop my techniques bit by bit. I kept telling myself that I was now near the word ‘right’. Finally, I pioneered the technique of ‘**Mind Storming**’.

Fortunately, my trial project was run under Thai Health Promotion Foundation. The project aimed to link together leaders who could control risk factors to health. Working on the project, I gradually understand the role of ‘a mentor’.

Apart from this, I made an attempt to ensure that the rule of ‘Three Lumps of Rock’ was the rule behind my success, so I want to share my knowledge to those who are interested in the rule.

It is found that many groups of people all over the world are now trying to seek a solution which suits their contexts. Many methods are devised. This is a good thing to do and deserves more support. Today, we have not only been overwhelmed by our fellow men but by computers which are enslaving us. If we do not start to do something, it may be too late for us.

I would love to invite you to share your information. For me, I intend to apply mind storming to build on the knowledge I have and share my knowledge with you through books, websites and training.

Once you read this point and are still curious to learn and want to practice a new type of meeting, you may start with learning about several methods and choose the one that most suits you. Then, keep on practicing and develop it to become yours. One day, you will find that once you can blend your technique, yourself, your teamwork, and participants together, you are no longer a mentor but all those things will help each other.

In order to make this thing come true, you have to have principles and believe in them. Even though your principles may one day be different from mine, please believe in yours and then you will find a new art of meeting. You will be surprised at your hidden potential and will be surprised when a miracle occurs.

## **Chapter 1**

### **The Stage of Love**

Love is eternal -- the aspect may change, but not the essence.

Vincent van Gogh

A Dutch impressionist painter

**In 1999, I was a member of a group of social workers** working with scholars, politicians and leading businessmen. We participated in a brainstorming meeting to foresee the future of Thailand in the next five years. By using the most effective technique in the world at that time, we helped analyze all economic, politic, educational, agricultural, international aspects and so on in depth. We reached a conclusion that ‘we cannot see the future and the country is expected to deteriorate dramatically and may eventually collapse’. When time went by, the country was not as in a bad situation as we had predicted. It was even better in some respects. It seemed like we had not taken some factors into consideration. One of those factors was love for fellow human beings.

Love for fellow humans is inside me, inside you and inside everyone. Every day, we express our love through the words ‘hello’, ‘thank you’, ‘sorry’, and ‘never mind’. Love is also expressed through smiles, greeting, handshaking, shoulder touching, hugging, words of encouragement, music, poems and even celebration dancing. Love for fellow humans has supported and sustained our lives.

We might have ever heard about a taxi driver who returned money to the owner, about a good man who helped others without thinking of his own safety. We may have heard about a person who was willing to pay to help disabled children though he had never spent for himself and we might have met people who were so eager to help us when we were getting lost.

A discovery in the past was also based on love for fellow humans. For instance, the discovery of rabies vaccines was made by Louis Pasteur. Pasteur produced the first vaccine for rabies to help his 9-year old son, Joseph Meister, who was severely mauled by a rabid dog. This was somehow done at Pasteur’s person risk as he was not a licensed physician and other licensed ones were at their wits’ end. Even though Pasteur had come up with a vaccine for chicken cholera and was working on a rabies vaccine, he had never used the rabies vaccine before but had only tested on rabbits. After consulting with his colleagues, Pasteur decided to inject his son with the vaccine. Luckily, the treatment became successful; Meister survived and was back to full health. This was not the end of the story. When Meister grew up, he repaid his father’s love by being a caretaker at the Pasteur Institute where his father was buried. When the German army invaded Paris and wanted to enter Pasteur’s crypt, sadly, Meister chose to commit suicide rather than allow the army to enter the place.

I once heard about a Palestinian father in a meeting. During the civil war between Jews and Palestinians, the Palestinian father heard that his son was caught in the crossfire. He rushed to the hospital and found that his son was dead. He was so furious with what had happened to his son. Suddenly, he heard that a Jewish girl who was at about his son’s age was about to die if she did not get her kidney transplanted. He then decided to donate his son’s kidney to the girl. Such a wonderful story is a representative of many amazing stories in the chaotic world.

When I was working on many projects to control risk factors, many wonderful stories happened to me what I could do was saying nothing and telling myself that ‘the world has

connected'. In a meeting, I found a Muslim participant at my age giving food to a Buddhist monk. On a superficial level, this may sound normal but who would do this? The more I heard about this man, Mustafa Sukhamas, who is a pious man, the more I became amazed. In addition to this, I have found that he can get along well with everyone. Many people count on him although he has no skills of communication and leadership. He did not receive higher education and does not have a salary like me. He is only a dried fish seller in a market in Satun Province who has frequently devoted his time since he was in his teens. Some may think 'Sukhamas has nothing' but for Sukhamas himself, to have nothings means to be complete. Sukhamas is the first man who makes me feel like I achieve nothing. What Sukhamas has is a lot of love for fellow humans.

### **The Origin of Religions**

Many Buddhists have heard about the story of an Indian prince. Love for fellow humans made him sacrifice his happiness to help humans. For me, the greatest sacrifice of the Buddha is not the discovery of the Four Noble Truths; however, it is the moment that he bravely decided to leave the palace. In order to do so, he needed to summon up the courage. Even for us who are ordinary people, such decision is a tough decision. For him who had been treated as a prince, the decision was definitely a difficult decision.

Love for fellow humans is not only an origin of Buddhism but it is also the origin of all religions. In Christianity, Jesus also sacrificed his life for his fellow humans. He taught people to 'love their neighbors as themselves'. Likewise, in Islam, it is believed that 'humans and creatures in the universe are born of love. The purpose of existence is love and peace'.

However, it is interesting to note that although the majority of people believe in religions that originated from love for fellow humans, people still fall out with each other and choose to believe only in their religion but look down on others. Why do we love children in our country more than those in other countries? Why do we love people who have the same complexion as ours more than those who have different? Why do we love people who support the same political party as us than those who support different parties?

These questions may be in our heads. The government tries to avoid talking about them as they are afraid that the doubts could become political issues. Religious institutions, likewise, do not want answer these questions but instead they focus on something else less worth-considered.

## Under Hypnosis

A hypnosis experiment of Ernest Hilgard at Stanford University can give us an answer.

*Under hypnosis, the subjected person was asked to plunge his left hand into icy water. You know how painful it was? However, he simply told me that 'he was fine and felt nothing'. It seemed like the hypnosis was successful. But after that, when the subjected person was asked to write anything with his right hand, he wrote 'it was terribly cold' 'Ouch! It was extremely painful'. 'Can I take my hand out?'*

The experiment suggests that people are under hypnosis. For example, the fear of people in the first age made them form a tribe which later became a country. Inevitably, we all have been in a dominant field which we cannot escape. Although we want to reveal our feelings, we cannot. We have to hide them and behave as others do.

In fact, humans apply some of the knowledge so as to survive as a group. They do not really care about justice. Some are then victimized. For instance, a proposition of René Descartes, a French philosopher, 'I think; therefore I am' was widely used by an elite. The phrase was understood as 'since humans are the most intelligent species in the world, this makes us different from other animals. When other people live in misery, it is none of our business. When someone gets hurt by us, likewise, it is not our business. When this misinterpretation becomes widespread, it causes people to ignore each other and focus only on themselves. People's lives become a mechanism. What they miss is the next phrase of Descartes which says 'so what I think I can see with my eyes is what I learn thorough a tool of decision which is my mind'. Descartes wanted to tell that his perception has limitation. If we want to explain our lives, we need to look at our minds which no one study about it before.

Further to this, the case of Charles Darwin is similar, Darwin wrote 95 words of 'love' but only two words of 'survive' in his book 'The Descent of Man'. However, the elite at that time used only the words 'survive' and interpret his statement 'the strongest will survive' as 'it is fair for powerful countries to colonize other countries and take away their natural resources'. Again, the misinterpretation leads to massive natural destruction and elimination of racial groups.

Generally, we do not feel fear and do not believe that it has considerable power over us. In times of crisis, we will realize that fear has overwhelmed us. We can do anything although we know that it is evil just to survive.

I remember one story and do not want to believe that it happened in this beautiful world.

It was a story of physicians and nurses in Hadamar Hospital in Germany during Nazi Germany. Those physicians and nurses could be smart people. They could be good parents. They could be religious people. They might be so pious and go to church on Sundays. But what they did everyday was to trick Jewish people including old people, females, and children into entering the hospital and gas them. So many Jewish people were killed that there was no room to bury them. Later, Adolf Hitler thought that this was an effective way. He then decided to build concentration camps throughout Europe, leading to the holocaust.

A group that is formed as a result of fear moved from a religious place to school and today it is moving to a meeting room.

Every day, there are more than millions of meetings all over the world. We cannot escape from those meetings if we are still in productive systems. When we are in a meeting, we will be enthralled. We may be amazed to discover that feeling; however, we will react in different ways. A dominant field makes us lose our identity. Though we want to wear casual clothes and we believe that others think the same, we dress formally instead. Though we want to speak up, we keep quiet and try to understand how the chairman, lecturer and other participants think and then try to choose the best word that can convince them instead. We completely forget what we really want to say. When the meeting is at the critical stage, we will behave like doctors and nurses. Instead of using the meeting place to serve our purposes, we will be enslaved by the meeting.

*One of my friends once told me that he risked his life to help out people who wanted to commit suicide because they were indebted to loan sharks. My friend lent them money and asked them to pay him back in installments. When he looked at other people in his village, he found that they were all suffering the same fate. As a representative of the villagers, my friend then reported on the situation in the province's monthly meeting. He felt so sure that people in the meeting would be surprised to hear this and would help fix the problem quickly. But things did not go as my friend had expected. There was no applause. All of them were in silence. Not only did they want to be unnoticed, but they wanted to disappear. Silence did not reign long. After a while, the chairman said indifferently that 'Thank you. Let's move on to the next topic'. My friend was very embarrassed and did not know what to do. He told me that there were many civil servants whom he knew in the meeting. The civil servants were good people. They went to temple every Sunday. They stuck to high moral principles. They were recognized and respected by other people. But why did they sit still as if they did not care about what they heard at all? Such event happened again and again in many local administrative organizations. How come? How could be people pleased with talking about others' misfortune and misery?*

Let's talk about the case of American people. American people are like others in the world. They are nice; they love music; they want to make the world become a better place to live. However, once an American becomes the government's representative and attends a summit meeting, he will feel superior and behaves as if he is the world's policeman. He will talk about miseries of people all over the world as though he cares deeply about them, yet his talk will end with America's big gains. He has his own standard of justice; he looks down

openly on those who invade other countries. However, he is not sad to hear that a child was shot dead and an abandoned old woman was starving in a remote area. He is indifferent to a mother who was separated from her beloved baby. He could feel something but it is not strong enough to make him think of other but their gain. If we discuss these critical issues with an American, none of them would agree with the policy their leaders are holding.

### **Out of Hypnosis**

Looking back in history, when a crisis was over, we would find that fear was replaced by the power of love and friendship. Love would awake humans from nightmares. People would see the truth in front of them. For example,

*In 1914, conflicts between the great powers of Europe provoked World War I. Germans had invaded France but was fought back so that German troops had to retreat to the mountains. The fighting continued several months until Christmas Eve. Late on Christmas Eve, the night was a bitterly cold with snow falling. At around midnight, British soldiers heard the Germans singing Stille Nacht or Silent Night in German. There were also candles flickering on trees. The Germans lit candles and placed them under trees and on their trenches. Then, the British responded by singing Christmas carols of their own. They all started to sing together and took turn; some played along the harmonicas. At the crack of the dawn on Christmas Day, the Germans called to the British to meet them in no man's land. The Germans started shouting 'Merry Christmas' to the British. At first, the latter suspected a devious plan for Christmas slaughter, but suspicion soon gave way to trust. There were excursions across No Man's Land, where small gifts were exchanged, such as tobacco and alcohol, snacks and fruits. Soon thereafter, they even played football together. If they could not find a ball, paper was crumpled to make a ball. Said around 10,000 soldiers were meeting on that Christmas morning along the border line. When the commanders arrived, they were surprised of the disappearance of their soldiers but soon all the case made its sense. The both side commanders walked to each other's side to greet. Some of the British commanders were even given a big barrel of beer as a gift from the German. The unofficial cease of shooting for 24 hours for this moment let the good chance for dead soldier bodies were moved for proper ritual funeral setting. The whole day was delightful.*

Another case of Thailand, in 2011, amidst the dramatic political issues, Conflicts between two different political followers made them mad at the opposite side, even in each neighborhood units. Husbands and wives avoided political talk in their place. The national antagonism rose to high level and almost break out. Then it came the national flood stream down from the north and spread to the central. Government and responsible organizations could not handle the huge tide so we witnessed the whole capital city was to be in downpour. Once the chaos spread throughout the city, people completely forgot the hostility in their mind for political concerns. They turned to others and gave help to all those in need.

If you were in the same situation like I was once, you would truly understand this kind of love to human fellows. That there is no boundary between oneself and others. Not



mentioning what race, religion, sex or age the person in need was holding, not that person is the one they once disliked from political concerns, we and others are not different. Unrealised when it happened, we found ourselves truly be off the peel and off the mask we had put on for too long. Our true sense of living emerged. It could be the very time we feel the wind blew on our face, or the sunlight touched up on our skin, the first savor of sweet flower fragrance. For the first time we could truly see others the same way they did see us. We could feel their pain, their misfortune and their sorrow as if it was our very own. Even if they were just a stranger, we could feel like we had known them for so long and we can trust them more than our close friend, or more like our close relatives, even as same as we feel true to our beloved sibling. Each shared their help to others inexhaustible and at the same time we are surprised of such the high energy hidden inside each individual. We felt it unbearable not to jump in to leverage others, to make sure we could give our support without expecting anything back. We did it naturally and without any care for their status or ego. We did it for free, not for our image or fame. We volunteered without caring if there are any other helping others like we were doing or feeling like we were being exploited. It was none of our business to force others. In some deadly case, we still did forth, our internal voice saying “It’s worthwhile to do.” “It’s a right thing to do.” And “I’m happy to do it.”

In the same year, In Egypt, there was a similar political phenomenon happened. Adam, who was a protestant in the government repel against the Prime Minister Hosni Mubarak at the Tahrir Square, said that “We locked ourselves in a little box and were afraid to take any break out before. But one day, the box opened, and we see there are so many people like us. That happened just by overnight. We have had the citizen space as our idealistic area. Out there, we became more caring and taking others’ well-being a worth to concern. We share food and medication along the street sidewalk. People gave the best of themselves for others and that was so unbelievable.” That demonstration was a great success. The government who had been in position for 30 years had to leave their positions.

However, once the crisis gone, people get back to their same old unconscious conditions. For the World War I case, at the next dawn, the British gun fire was bang twice as a signal of the battle re-began. The German bang the same signal as a confirmation to resume the encounter. For Thailand, after the flood reclined, the political opposition re-emerged and people in the opposite sites returned to their hostility against the others. For Egypt, after demonstration ended, people got back home, knowing the bad circle of political matters still exist out there, just waiting to rise again.

Clearly noticeable that the crowd gathering for crisis solution has been powerful and right to the heart of high educational class, but it has been just for temporary. If we want the last long alteration, we need to do more riddle cracking from the root up.

### **The whole world is facing bygone crisis**

Nowadays, our world has gone to crisis. The crisis is indeed inside each of us. We face internal conflict whether “to choose to be good or outstand intelligent”, we are

withholding misunderstanding that the problem is formed by the surrounding and searching for the ready-made solution for the situation. Blindly, we will never find that formula.

For some of us, they has been bygone of the crisis and now facing the pure conflict there standing in their mind and that crisis Soren Kierkegaard, a Danish philosopher calls **Supreme Paradox**. It is indecisive condition they have in how they live, whether they should be “Living by the society’s gauge or Living by what they really are.” They had known the world the society has dreamt about and had attached to it for too long. They have gone far away from that belief of “That Behavior makes the sense of living a Meaningful Life”. They now tends to prefer living the way they really are but they are in hesitation from that status is of their unknown selves and have no idea of how to live that true selves. They see the great fear ahead waiting as the same dreadful as the fear they have escaped from.

With their certainty of they are “not insane”, they do not go to see a shrink. They would turn to religious institution only when they really feel impotent because they would feel weak as if “hard work is not good enough”. Some of the priests might say “Look up to the Founder”, despite we are in another era and our conditions are not likely the same as the prophets’. They also found there is no answer for this situation of life from all the classes they had experienced. They turned to join the group of the same interest they have, such as biking group, big bike riding group, bird watching group, volunteer group, and become field side fan club for their favorite teams on weekends. Nowadays, teenagers have entered their favorite teams as young s in their cities named their loving teams such as Manchester United, and Real Madrid, for example, and their love this as much as their new god. They are willing pay high stack for the chance to get the ticket to pray out loud by the field side to cherish their new god.

Many has gone farer, by “Altering himself”, with the old belief in mind of “self is personal possession”. With their self confidence that they can change themselves, they would draw out their life targets on a sheet of paper and walk their lives to that set of goals assumingly walking to their freedom. Some would change themselves toward those they admire. Some would withdraw the normal social rules they used to, to behave like 60’s age hippies grouping with their friends on an isolated island. Reason they drew the line between themselves and the society, as their own dressing styles, is to set a clear line not to return to the old way they had left. But that self-alteration did not help. They are still walking in round of no end, just having the bigger circle of walk, not at all forwarding ahead.

However, in the midst of their behavior and expression, they are in search for something missing. Though they do not know what that is, they know merely that “The answer is not out there.” They are sure it is inside of them. They set up of two worlds (Duality) separating the world outside and the world within. And they live in both worlds to and fro.

Many other people are more advanced with the overwhelming happiness sensed, though the “right” way is yet unknown. They feel a strange delight they never had before as if there is a young sprout off the growing seeds started to blossom after long silent sleep. But

their sense of happiness last for such a short time and need them to go out for searching just to find the same end. At least, they realize living in coherence with others being and surrounding with true objective to well relating to human fellows and the universe is the key.

### **The Increasing of Mental Activists Groups**

Some of the people in this group has grown more advanced by discovering some methods and promoting it widely. They are known as “Mental Activists Group”. These groups have the main objective to give unconditional love to human fellows and universe. It is different from religious institutions that pray for god’s mercy. These groups has members enrolled through their websites and joined seminars for practicing according to their independent treats in different courses and events, for example, a publicity of compassion bestowal together on every first day of the month at midday for 15 minutes.

Maharishi Mahesh Yogi’s group is one of those who believe that if only 1% of the world citizen will do meditation by his way, every day and altogether at the same time, the whole humanity will be induced to the better state of mental evolution. Another group called themselves “Only Love Prevails”, has promoted meditation by this quote as frequent as wish with trust in that it will persuade the world better condition.

However, in 1996, by Duane Elgin, an American psychologist’s research. Up to 20% of adults are practicing meditation regularly, but they do it mainly for themselves or family members only. Thus it is not powerful enough to generate an affective results for human fellows and the universe. There also of the different methods of practicing so that the wave of mental power is too weak to ignite sufficiently. This is well aligned the opinion of Peter Russell, Quantum Physicist. He expressed that though there are a hundred meditation occurring, but on their own ways and objectives, at their own times, it worth much less than mediation the same way the same time. If they practice altogether, it could double the power of impact.

While G.I. gurdjieff, Russian famous psychic claimed that “Only a hundred of the enlightened will be enough, but it must be those truly enlightened persons.” This brought a question from Professor Prasarn Tangjai M.D., the scientist who well known in Power of Mind Studying, “From where we can find those truly enlightened persons on this present days?!”

Is it possible that we brought these people to one place, to share the same objective of good for human fellows and universe, the power would be strong enough for changing things? Comparing to those cloud would gather and turn to rain drops and fall down.

## **Here Comes the Light**

There is a phenomenon occurring throughout Thailand. That is the evening street market. Actually we can find those products from anywhere from fresh market to supermarkets but we choose to come to this “center space” where we feel our freedom by seeing face to face with the others. We smile and greet with ease. Even bosses and workers, they meet and greet here. It is where relationship tighten up between human fellows even greater. Indeed, we had never have this close relationship before. In the first age, the relations were mainly between god and human. The second era, the relations grew better for between the bosses and workers.

However, the market environment does not benefit the mental activity. There should be only one place left suitable for mental activities. That is in a meeting room.

Yet, the fear is like the night darkness that blinds our sight from the true value of meeting room. The first age meeting room was merely for socialize and support the community, but not with strong sense of leading people out of their fear. Furthermore, it misled of “This is the awakening light of the world” while they were actually in semiconscious condition there in the meeting room. They merely adjusted their eyesight to get along darkness and continue living with fear. The second stage, people were full of arrogance in their technology and use meeting rooms to defeat their fear. But the more they tried to conquer it, the more their fear grows bigger and ended with surrender.

Nowadays, our fear does not disappear, but existing in every part of us. We feel uneasy for being unloved, jobless, and endless list of other things. Basically, we have fear for having no money to spend. But it is too true that even when we have plenty of money, we still find ourselves having lesser than others is a greater fear. In a book “Your Money or Your Life” of authors Joe Dominguez and Vicki Robin, mentioning a test with Harvard students whether which they prefer between A) Earn 50,000 \$ per year while others earn only a half that amount and B) Earn 100,000 \$ a year but the others earn a double sum. It turned out that most of the students has chosen the first option. This implies that how much money you have is not the matter. What does really matter is having more than others. This apprehension inherit to our children, to our friends and to the whole world like a chaotic atom rushing in high speed in every direction once any abnormality occurs.

It is obvious that in most meeting, there full of fear. The more the same meeting repeated, the more it adds the power of fear to those attendants’ mind. Meeting room becomes more like the place to amplify our “Stage of Fear”. All productions stimulate the sense of fear in everybody’s heart and that has been some support in that they have had the same feeling and they were not alone. Then the meeting room is considered as a kind of safety. It does look like a co-operation on the surface, but in closed-up, there in the crowd is full of separation, competition, and alienation. Anyway, the traditional meeting is considered valuable for problems amendment to reach a controllable point.

For the power of love for human fellows, it is like a beam of light. Once shows up, the darkness vanishes from the meeting room. Truth is the most problem are from our own

created belief as if an illusion we made to haunt ourselves to fix it together. We recreated giants one after ones and contented to join the meeting to share the situations.

The new form of meeting will change the “Stage of Fear” to the “Stage of Love” with concentrated power of love for human fellows that will expel all the fear from the root. Love will discharge attendants from being in half-asleep, to escape from nightmares to see the truth of their reborn on stage amidst the light around them. Then we start to search the true meaning of living. We will realize that there is no problem in the case we once felt it was not yet right. In the contrary, we are actually the one caused problem to others human and universe unknowingly. Our Life is like the reborn of Phoenix from its own ashes.

Moreover, we will find the source of the light was actually from within and we shine for each other and light up the whole meeting room to its finest condition. The more we love others, the more we can increase love in our own selves enormously.

Word “Love One Self”, in this case, is not a selfishness, but means self-acceptance in our true selves and unconditionally yielding to whatever life’s conditions will bring us to any directions and in unknowing manners.

Self-acceptance is hard to do as it is in reversed direction to what we have programmed ourselves before. We have been resisting to living as if we are already dead. Accepting our own selves is equal to accepting all lives, all perfection in ourselves, and give up all adjustments we have been trying so bad to please the society. We will drop down all the trends and rushing ourselves. We will be here and now and that we begin to live our life again.

Love brought us to our lives again and at the same time those lives gathering in the meeting room let us find our love again. If we know the word of love, its root is from ‘Liof’ in ancient English. Tony Buzan, the creator of Mind Mapping, assumed that it could homophone with word “Life”. Is this possible that “love” and “life” are the same thing?

When we see our life again, it has changed. Actually, the world is as we see it. We can start seeing other human fellows as they are, not who we think they are. We will start to see our work as “Work is touchable love” as per Kahlil Gibran, the Lebanese prophet, once said.

We start to understand back in order of our past and get over some parts without mourn. We can smile at our innocence and finally getting to understand our life that it is nothing related to “Good or Not Good”, and “Correct or Not Correct”. Our life is not for anyone with higher power to draw the direction for or to judge. Life is about “Right or Not Right” and it is beyond the normal sense, but sensed through perception of each individual. Life has an invisible string linking us to the universe. Life is discovering the possibility. Life is approach something difficult to express. We will always search for different meaning of life which will change all the time. Meaning of life is neither a ready-made answer, nor hiding in a far-away mysterious cave, but is in some doing and leads to some discoveries, including sharing that something found to others human fellows. Some sharing might return a

good result right away. Some may need to wait until the next decade to see the change. All above are meanings of life. Some are not born to search the meaning of life, but to make some meaning of their life.

In this case, word “Instinct” might not mean as same as ego or intelligence of ability to survive without care for the following consequences like we used to consider. It could mean “Mind” which desires to expose the most of our true self, and to involve as a part at the same time, with living. The explosion of living is not sufficient for only physical sense, such as living and breeding, without care for surrounding, but it must include the harmonious flow of living with the universe, to have a room for the talent we name as “Gift” to show up to its absolute potency.

Our mission is to explore ourselves for our gift and to best position it for the world’s prosperity. Stanislav Grof, a Czech Psychiatrist, once commented that “The highest meaning of living is to welcome all the experiences directly at every stage of mind, together with letting our mind to venture, to be both an intelligent actor and watcher of the universe’ plays.’

### **Make it Happened**

**‘The stage of love can truly be set up only when the mentor sees the world with true vision. Then he can see his roles and duties on stage.’**

This is the objective of mind storming technique. The promoter who induce the process or ‘Mentor’ needs to devote tremendously and only himself knows well of how far he could approach for this mission’s progress.

Word ‘Induce’ is used for turning the abnormal to normal. For example, we live our lives as according to social power that forces us to act and play the roles, as if we are on stage and being watched by the audience. We are rewarded and well-reputed for playing our roles well and we are blamed or punished if not. We keep training ourselves to be the best actor, while that roles we play may not be at all like our true selves, consequently, we lose our true selves.

While ‘prop’ is used for providing a normality to the truth of things. For example, to prop seeds to grow naturally.

Thus ‘Induction’ is the method of turning us to our true selves through our true natural behavior. Of course, we do not know yet how we are to be true. But the induction field will persuade our sense of perception. At least, we will sense our true selves getting to expose and we get less comparing ourselves to the others as a result. It will help us to realize what to do, and what to quit, in order to get closer to what is ‘True’ to come its way.

Furthermore, the mentor will have the ability of being fully complete. He will see the world with the new sight, will dedicate to the practicing to mentor, and also will appreciate the ‘Rule of Induction’ to emphasize the love for human fellows in concentrated level to run the stage of ‘Waking up from Nightmares’.

## **Chapter 2**

### **Facilitator and Theory of 3 Lumps of Rock**

การเอาชนะสิ่งที่ได้รับการปลูกฝังจนติดแน่น

เป็นสิ่งที่คุ้มค่ายิ่งสำหรับชีวิตของเราที่เหลืออยู่

ดูเหมือนว่า เราติดอยู่ในกรอบเงื่อนไขอย่างแน่นหนา

และส่วนใหญ่เราก็เป็นอย่างนั้นจริงๆ

แต่ก็มีบางเวลาที่เราพอจะรู้สึกตัวและมองสิ่งต่าง ๆ

ด้วยสายตาที่แปลกไป

ในเวลาเช่นนี้เองที่เรามีโอกาสเห็นสิ่งที่เป็นไปได้

Peter Russel, Quantum Physicist & author of 'Waking Up in Time'



**The role of mentor** is not teaching, but processing the induction, by having the attendants to teach their own selves through the topics picked up by mentors, based on the attendants' major interests. The linkage in the induction process is from two parts, one from mentor and another from the attendants. The meeting cannot be through without any part.

### **Direct Experience**

Direct experience are the most important part of Mind Storming Process. Considering the root of word 'Experience', it is from 'Ex', which means depart from, and 'Peritas' which means things once have met or done. In all, it means off from the things you used to or familiar to. It is not memorizing in your mind, but searching the new world you never know before. It is going back to the world of mind and body are one at no time frame. It is not the two conditions of being the watcher and being watched. It is the condition of sharing the parts between the two conditions. It is not the memory storage that we hold by days. It is not a day-long working status. We know many elderly and retired, who when asked to share their experiences, but could not share any. They just performed what had already been set and repeated by others before them. Thus, they do not have much direct experience and only walked under the other's shadow. Sometimes, they could feel never exist on this earth.

One of my relatives, who owns an international company, once said that 'Why do I feel having great experience back when I was in school, but don't I feel having any now, while I'm working quite a lot.?' It because of that when we were young, we didn't cling to anything. For example, my son, he can watch the same DVD movies so many times. Every time he feels it is fun and that fun does not decrease. But for adult like us, we cannot repeat it that many times and still have the same fun. Children looks around as a playing field and will always find the way to make some fun. I even feel they could talk to their toys sometimes.

Direct experience also helps reducing "emotional trap" from the mentor accidentally back to perform the traditional process of meeting; quickly ask for voting too soon, for example, which could turn the stage to separation by opinions. The defeated group will then need to suppress their emotion to well behave just in order to effectively co-operate. For the case that the whole attendants having the same direct experience, that will prevent the mentioned emotional trap quite well.

### **Mentor – Mentee**

If you want to be a **mentor**, you should know where the word is from and how far it could mean.

This word was firstly used by Homer, in the epic poem; *Odyssey*, back to 700 years B.C. It is about the *Odyssey* the King who went for Trojan War and left his son under the care of a goddess, Athena. After the fall of Troy, *Odyssey* was cursed by Poseidon, the god of the sea. For 10 years, he could not return to his home land. His son, by Athena goddess mentorship, he could make the way to reunite with his father.

Carefully considering, the word 'mentor' does not mean the expression by one's 'state' or role according to the status known in general, but it is expressed from inside of

one's mind according to the 'condition' of being a human fellow, together inducing love for other human fellows and mentally influences on inducted attendants in many different ways.

Anyway, having limitation to perceive, the inducted attendants interpret the mentor as per the state they could understand and then could call mentors with different words; coach, leader, teacher, lecturer, facilitator, director, guide, trainer, inspirer, consultant, supporter, companion, colleague, network, role model, champion, etc.

Whenever an attendant changes from one 'state' to 'condition' of human fellow, his being or expression is called 'mentee'. This word 'mentee' was given definition by Oxford University recently.

During the process, the power of mentoring field induces both mentor and attendants to the center of life or purity once again.

Mentor, then could be anywhere just when a person is in the condition of human fellow. It normally comes in pair, for example, Warren Buffett and Bill Gates. Warren's mentored Bill to donate one of the greatest amount in history for social activity, in which Warren also contributed for. Other well-known pairs are Socrates and Plato, the philosophers, Haydn and Beethoven, the musicians and Sigmund Freud and Carl Jung, psychiatrists.

Actually, everyone is both mentee and mentor. For example, Krishnamurti, a well reputed writer and world thinker, who is a mentee of Doctor Patchouli and a mentor for David Bohm who created Dialogue; a reputable philosophical treatment.

As written in the book 'ระคมจิตใจ รูปแบบการประชุมในยุคที่ 3', the word 'mentor' shares the same root with 'mantra'. This could implies that we pray not to ask for god's protection, but to thank him for expressing love among human fellows and showing the brave to commit or behave untraditionally. One mentor can induce many mentees at the same time like a teacher who devoting love to students so that they pay respect to their teacher and live their lives in their own proper directions.

I like to give you an example. It is a film, 'Freedom Writer', based on true story. This is about a mentoring teacher who turned a class of slum kids to a well-educated successful class. Her tools are pure love for her students and journal writing assignments that induced the class to better vision toward the world and their own lives.

### **Mentor in the Meeting Room**

The word 'Mentor' can be used in meeting room as well, for that the meeting conductor holds the condition of human fellow, which can induce the attendants from different states such as doctors, civil servants, or police office, etc., to hold the same state; human fellow.

David Bohm could be the very first mentor of the third era with the Dialogue, his philosophical treatment, set in meeting rooms. He explained that 'Dialogue' derives from 'Dialogos' in Greek. 'Dia' means 'to pass', not 2 as many believe it is. 'Logue' means

'language'. Dialogue means the process of passing of meaning. He mentioned "the language meaning that flows among us and through us, has created diversified meanings throughout the whole group which might lead us to other new understanding. Those new things could be newly created and holding us together as a society." Differ from word 'debate', which means 'to beat down' or word 'discuss' which derives from 'percussion' and 'concussion'.

As Mind Storming Technique is rolling in the same direction as Dialogue, which is the same idea of communications freely without fear, we could say that Mind Storming Technique developed from Dialogue.

However, Dialogue is set in round seats similar to Red Indian fire camping. When one speaks, others listen without any interruption. There is neither topic of discussion nor leader for this meeting. But there could be someone helps to co-ordinate for it to initiate. This method suits those who are already well known each other and in a small group. Westerner will like this as they are naturally frankly speaking their minds, who will start with the conclusion of their opinion then giving the detail explanations. Dialogue may not suit the eastern society, as we are not straight, and have no good skill in summarizing. We can see in many meeting going like this. That the listeners do not get what the speaker is jetting as speaking could not make a clear conclusion. In many meeting, listeners got bored. Some speakers are just focusing on expressing their parts and show no interest in the other speakers.

The Mind Storming Technique starts at pairing to express each person's direct experiences and enlarge the group to bigger size and have everyone attending the large meeting in a whole stage at some parts and break down into small groups again when needed. This method suits in the oriental style and can work well both to group of people knowing or not knowing each other. The size of the group could be 20-50 persons, to 80-100 persons each meeting round. I used to test this with the stage of 300 persons, which could be performed, but not recommended.

### **The Emerge of Everything**

(เพิ่มแผนภาพตามหนังสือหน้า61)

The emergence of everything in the universe will be of 4 stages; creating, gathering, fulfilling, and showing. For example, a mango seed, if it is hold on our hand or on a cement floor, it cannot grow. But once it fall onto the ground with watering well, it can grow through the process automatically. The second it fall to the process called 'mindfulness', which well combined to the universe, it is not anymore a space litter.

Our life, goes through the same process as well. Once sperm cell combines with the egg cell, we are created, gathered to the full and finally show up as a baby. In Pali, word 'Juti' is similar to 'Jitta', which means to alter from one form to another. It is compared to the god's avatar, not merely to die, like we used to know it.

Animal's birth, butterfly shedding off its cocoon, new sciences theory discovered, newly invented technology, new songs written, including Big Bang which is the scientists'

discussion whether the universe is enlarging in shape like a balloon, or the cactus with new bud or a sponge emerging from boiled water or other shapes.

Same as the emergence of love, for all who have ever been in love, must know well of its power. It shows no signal when it is happening, can neither force nor pretend to love, and irresistible. It comes from where we do not know. Its action and reaction is so powerful and cannot help getting in love. We will try to adjust our activities and work in order to get closer to our lovers. We want to control our life the other way, but desperately unable.

The definition given to ‘love’ is not well-describing it enough for the way you feel right at the moment.

Have you ever seen any plan written before a couple getting married? It only happened between two, by action, not by paper. All other meeting and civilization spread throughout the world basically influenced by love. Love is the origin of social phenomenon.

Young couple love is so wonderful but there is still a border line between them. While the human fellow’s love is more wonderful and unbounded beyond all beliefs, prejudice, races, sex and age, social status, language and words. It expels all fears that come in different forms of hostility with outer false ideology, for example, the patriotism that form the nations. In the other side, we hate other nations and use the past conflicts with those hated to firmly grow the sense of national unity.

The love for human fellows is tender power, which cannot be created but can be induced for, as said by Chogyam Trungpa, Tibetan philosopher that “Once you show tenderness clearly and naturally, the power will show itself. But if you create it up from having ego, the power will not be showing. You will never own that magical power. Though power of love truly exists, it is free of anyone’s possession.”

(เพิ่มรูปภาพหินสามก้อนตามหนังสือหน้า64)

The tender power starts with inducing true condition of life called “human fellow condition”, then develops to “condition of love for human fellow” that will develop to the fullest condition. Finally it shows out as “powerful condition of love for human fellow” that comes in form of thought. The conditions come to you only in order like the three rocks in three sizes in stack. The biggest one is the ground for the other 2 set up one by one to the top.

### **Out of Hypnotized**

Actually we basically hold the condition of human fellow. Living in the cave, there was the first center space for human to join living without secret. The word “community” rooted from Latin “Fellowship”.

Then we moved outside the cave. Each family built up there house and started to cover some points and reveal some to others. We have made rooms, parting by walls for personal space in which we separately enjoy our entertainment and communicate with others through smart phones. Our house is like our tower, protecting us from the outside world.

Windows are just for air circulation. We are in each house individually away from universe like a dreg in the water. We are familiar with this living form so that it becomes our common sense of living.

It is now time to get out of being hypnotized by getting out of the 'the stage of fear' to 'the stage of love', and everything will turn the other way like dominos. You may start with 'The Principles of three Lumps of Rock' in the stage you are dominating as often as you wish to induce the ideas of mutual benefits for the attendants in your meeting room. I like to invite you to learn together with me and other people from around the world. At least, this way helps lighten you up. It is not a duty for any specific person but us all to create a better world. You can start it once by our own selves within our stage.

.....From now on, we will discuss as of the condition of the mentor.....

Chapter 3 The Rock on the Bottom Position:

State of Being a Fellow Man

“เมื่อเราแสวงหาและเห็นความเชื่อมโยง  
เราพินิจความเป็นอันหนึ่งอันเดียวกันของโลก  
ชีวิตของเราที่เคยดูเหมือนเป็นเอกเทศ  
กลับมามีความหมาย เมื่อเราพบว่าเราสำคัญ  
จำเป็นต่อกันและกันอย่างไร”

Margaret J. Wheatley

Mentor and Author of Leadership and the new science



The duty of the mentor is mainly to barricade the interpretation of the attendants of the meeting they attending is sort of sacred or production plant meeting right at the time they walked into the meeting area. It is to have them not to interact as if they are miserable tribesman or plant workers they used to.

With our good techniques, this very first start is the moment we could make them feel real and wild moment so that they almost could not believe how well-involved they could become. They will discharge the inner potential and connect with the universe and powerful stream of it. The impossibilities goes away and they see more new opportunities come in their way. At the same time, they see themselves and others differently. The word "Technique" is not the outside knowledge but from within.

We can barricade the interpretation among the attendants by following:

### **Through a peaceful sight**

By the best scenario setting we prepped our meeting room, teamwork, materials, coordination, including ourselves in at least a mild condition of being a human fellow, the attendants could sense that "this meeting is not as we have been attended."

Their first sense is through their eyes to the "setting" of the stage. Not to let the interpretation that "This is a shrine or a factory." Or at least to persuade them some uncertainty about the setting is a good idea. They can be thinking; "What is this for? Not a meeting, a Yoga class, a meditation course, party, concert, exhibition, or kind of resting...."

Most people might feel it is not right to have this setting. "We could be complained." "We are not getting the audience co-operation." But if you have ever tried proper setting, you would know the feedback is great. The audience would normally feel interested in. They can sense some warmth, and happy to be a part of it, with small grin on their face on their approach. Thus we have to take over the old belief of the setting.

For example, the table of the typical lecturers on the stage is a symbol of "a Shaman's altar or a manager's desk". The mentor platform should be moved down to the same level as the audiences. To not contribute some thought of being an altar or leader's desk, the mentor's standing should be a sofa desk, small and located in inclined angle, not confronting to them. For me, as a mentor, I see it as just a desk to sit my laptop and some accessories. They will see me walking around and not sitting separately.

We must give the best intention in the setting, as each is different. Even the same room will be different in changing seasons. Temperature affects the level of the concentration as well. Different hotel rooms are different setting, and there is no exact formula.

The best is to search for right meeting room carefully by ourselves. It is a good idea you are there 1 day in advance for setting. You can stand there a while in the setting area to know all you need for the event by heart. It is not a superficial, it is the linkage from the

‘state’ that separate you for the meeting to the ‘condition’ of yourself as a part of the meeting room.

Once we made it, we will know it is done in the most proper way. You know ways to set the seats in the right pattern. Or you might need not any seat. Or you would better have everyone sit on the floor, mattress or white cloth instead, and some seats just set on the corners, just in spare. These details of setting are just unable to be fixed in advance. I reformed some of the settings by myself as well when it needed as I know it is usually worthwhile.

I will not let it be the way less satisfied that I will regret later as I know the best setting could induce the best quality meeting. Thus every detail must be fine-tuned. For example, the aroma candles rise for my setting the great scents.

**Once we give enough time for setting, it becomes alive. The stage has live. We only set it right to let it glows like moving stone from the grass to grant it lavish and green. We learn from this the same time with our setting for lively stage. If you can final touch the stage full of live, it means you are now ready for your process to mentor.**

### **Through the condition of Human Fellow within**

#### **The first person you will meet on stage is yourself.**

This moment you are a part of the meeting, it is as well you are a part of living your true self. Considering there is no boundary of the human relations, I cannot find any better than “Condition of Human Fellow”.

The whole condition showing could make your audience curious but can’t really identify “what we really are”. They only get that we are neither a shaman nor a manager. They might be a little blurred as they could not react to us during the process. But it is the condition of the human fellow from within that induce the same condition in our audience. If we are not holding the condition, we cannot induce them, no matter how good the setting we prepped beforehand.

We can easily check how well ready for this meeting we are, through our feeling toward each stage. If we feel “this is bigger than district.”, “The government stage is greater important.”, “We need to be more energetic with the head of civil servant meeting than the other meeting.”, “The feel toward the promoter as an employee.”, or “We will value the higher rank more than the lower rank.”, all of those example mean we need more practicing.

In the contrary, we are in the real condition once we really see others as human fellows. Our manner to them is the affirmation of our attitude inside and they can sense it. They will let us lead them out of their disguise. At one point, they are poorly helpless with their own mask they have worn for so long that they become tired with the position and role they have been expected to play. All they need to be is being their own selves, but pushed for

shallow flattering anytime they are in public. The meeting they attending is the first event they could be themselves truly again. They are satisfying the chance to speak their real voice, to stretch their limbs to comfort and laugh to their fullest delight. The image is put aside and they are on their true selves once again.

There are many monks who had attended the mind storming meeting and sensed the truth of human fellow's condition, without the feeling of loss of their monkhood. Some felt like being a child again and joining in group is like being with their friends to discuss and talk along freely without worrying of others ideas of their questions or comments. Many meetings are combinations of various attendants from different groups, the priests and all human fellows; both men and women, are gathering side by side. By time involvement, they blended in harmony and freely talk and tease each other like friends.

### **Through the moment of well getting known the others**

There is an advantage of working experiences obtained from our various career past as we can easily get the others careers point of view and general comment toward the head subject of the meeting.

I am lucky that I was born upcountry and grew up living in town, studied in open and closed university. I was both private company employee and civil servant. I worked for NGOs, as well, I was a politician once. Those experiences help me feel familiar to those other while seeing them in our meeting for the first time.

Many times I set a meeting for the subject I was not so clearly understand, I just walked to those attendants to greet and chat friendly and that I sensed well how the meeting should be run.

Once I was asked for setting a meeting for PTT, in Rayong province. I thought on my own; that must be a relaxing meeting by the beach. I granted myself for wearing casual t-shirt and short pants. The meeting planned to start by after the dinner which normally not the right timing but it was to be so from many factors. We left the city by car early in the morning and reached the resort the meeting set for in the afternoon. It was not at all by the beach, but in the valley. Once we were done on the setting at around 5.00 p.m., some of the attendants came in by car and strayed by the trees garden. I walked to them and greeted, then we sat down and further talked. Leaders came and joined in our group and made a big group of us. They asked me to join their dining table and that I made the decision to run the meeting in the casual dress. It turned out one of the fastest blended meeting I can remember and because of that they like me of being informal and friendly to them that made them felt alright to give co-operations through those 2 meeting days.

Many times feeling not right with the stage design, I chose to talk to the representatives of those groups of people joining the meeting or many times through the meeting promoter for co-operation with the representatives to separate small groups of discussion. And from that many small groups conversation, I found the 'right' principles showing up among those meeting I attended. Through all the co-operation made, sometimes I

could still feel something not yet right, I would go to the location myself and walk around to feel it right. It is a sign of care and this makes the different perception of the audience who walk in the meeting. They will mostly feeling like appearing to their friend, not a stranger meeting.

Another is a meeting for a big team project of a state enterprise in Kanchanaburi province with community leaders. The promoter called me to explain the meeting she liked having there. I could not catch much for what she liked it done, but I knew she had a good will. I decided to visit the community there before the event myself. I drove her and we discussed along through the drive to the place of destination. Once we were there at the village, I did not see each leader in group but went to each in person at their house. Once I saw around each house, I would be able to pick an interest in each personal taste to communicate with them and that stunned them in that so much time I spent with them individually prior the meeting. They said they had never seen any speaker, by their interpretation, being this dedicative. But, the result was impressive. The promoter was delighted and said to me at the end “I didn’t expect all would be coming and eventually involved in this meeting as set so close to their houses, normally they not all coming.”

### **Through the language and words selecting**

We have to bring about what all the audience are holding, and that is the language and words; the most useful thing. Talking, not about anything, but about their own direct experiences with their own language and from their heart. Not only to other people but also to their own selves ultimately. What the mentors do is just asking the ‘right’ questions.

At first glance, the mentors in mind storming meeting is similar to the facilitators in brainstorming meeting in the way they ask questions, but different types of questions.

The questions the facilitators made is for having the audience to look out to the productive system in order to discover problems and find solutions together in conclusion.

While the mentors questions is in order to ponder within from the real direct experiences, direct conversations. The audience will not feel it right or wrong to speak their thought and hearing other people thought. All the words come from their center of their mind. We help them disrobe the blind curtains one after one to closer to their own selves and each other more and more.

### **Through the Exploratory Technique**

The audience can answer well the type of exploratory questions when they are in “samadhi”. It is a peaceful mind condition the mentors help induce among the audience in any posture. It is not merely in meditation posture. Any posture they feel the peace.

The mentors need to hold appropriate techniques. I am conductive with the Mind Inquiry technique (MI). It helps reduce distraction well, even to those who never tried any meditation before can have a peaceful mind and determine their internal direct experiences very quickly. The practice is having the audience sitting with eyes closed and pondering into

their direct experiences sharply like seeing a film of themselves and as if they were the leading person of the film. Once they open their eyes once again, have them write down what they have pondered. The memo is not a homework to a teacher, but the record for their self-understanding. At start the note taking could be a bit unnatural but once it passes, all the process will flow so well like a car accelerating freely.

This technique helps the audience see themselves through a clear mirror, without fog. After the fog wiped out, they will likely to look over themselves, than the others. This technique is like gazing in a well in our mind, through the darkness, seeing the wave on the water and through that, we see the rocks at the bottom clearly.

It is the technique of having everyone succeeding the truth with words like “truly” and “finally” as their terminal. But it is not to be found when we search for. In the contrary, it is found when we stop searching. It is not as what we used to understand about. It is the truth that words cannot describe perfectly.

We have lived separately from the universe, but misunderstood that we owned it. Actually, we are like a tiny fish in a plastic bag in a giant lake. We are in our own space in still water that grows bad one day soon. Not a part of the universe anymore, we live in our illusion, truly it is a real life. But we cannot embrace it as we do to our true lives.

Thus it is not unaccepted that word “Reality” is rooted from “Fixed Property” and a similar word “Fact” is rooted from Latin, that means a thing created by our interpretation. While the word “Truth” is from the word “Tree” which is implying to something that is capable to grow from inside out and beautifully self-adjusting to the surrounding.

### **Through the Direct Experiences Exchange**

Then through the direct experiences exchanging process, we pair up and take turn to give questions and answers with our partner.

The taking turn to exchange direct experiences helps reduce the prejudice. We can see clearly of our partner’s fighting, decision making, and many life changing points that draw the understanding “Why he or she are behaving this way.”, through this we could impressively hear his background that affected him in his current behavior to be with oppressive situation and tended to treat him with better regard. We look at him as a hero and felt honored to be listening to his story. The more we listened to him, the more we wanted to hear more. We could cry out “tell me more”, “continue telling your story”, or “Is it that so?” and “what’s next?” We can see his deep and wide background from many hundred centuries back since his ancestor’s time and he has taken their will and been trying to make it happened. With shame, we withdraw our negative eyes on them and change the way of seeing others. Plus we will ponder into our own selves. We pay the soft and respectful regard toward others more.

We could be surprised in that partly we are as the same. We surprisingly found some of our habits are same as his and that attracted each other. “Why is his story the same as mine? It is so unbelievable.” Once we reach the point of sensing “We are not different.” This

surprise is the best link of two persons and deeply engagement is for real unbounded condition. **There is him in me. There is me in his.**

The first sense of “I am neither a miserable tribesman, nor the machine in productive system.”, helps us endeavor our new role, trim down the tone of action in harmony with “image” of our organization, cut down the willing to change others, bearing the ability to give up the game in which we play to force other and secure ourselves. We cannot interpret the same situation, though we tried hard to, we just find it is not right. We get to understand that “We didn’t play our part, but the part we want to play.” This way we are back in the right track, and our true selves come out.

This word “true self” is not the ego, not the aggressiveness, not the instability, not the overacting from self-centering or needing others’ attention. It is knowing by heart that “This is my place.” As if reaching out in the universe to grab and form a life to throw back in the meeting. Sense of “This is where I am a part of.”, not that I defeated for. The audience know this is not to miss the moment by “This subject is the most important.”. They realize everything is the same, there is no separation in those things; personal, working, social, country, etc. Not by one’s word, they know it by heart and being a part of the whole without feeling uncomfortable. They are feeling good, able to forget small disturbances and sense a firm strength within. Though they do not know what it exactly is, but they feel “There is something interesting in myself.” Certainly, they do not feel like “Foolishly! Opening my own wound.”, “Letting others to intrude our life”, or “I am now in dangerous zone.”

Unlike the old-fashioned meeting, the chairman of the meeting would let everyone to introduce himself, but do not feel any self. They are just introducing their roles they are playing and their own selves just hiding behind those roles they play. Whether, the role of civil servant, office worker, director, medical doctor or teacher, etc. These roles, beside them, anyone can play the parts.

## Chapter 4

Rock in the Middle:

The State of Love as a human fellow

“ฉันมองเห็นอย่างชัดเจน

ถึงความสว่างไสวภายในที่ฉายานอยู่ในใจเธอ

ซึ่งแม้เพียงได้เห็น

ประกายแห่งรักก็สามารถดูดุ๊กโชนขึ้นได้”

Dante Alighieri

Italian Poet



Our duty is to flare up the fire of love for human fellows among the audience through the communication beyond fear and accumulating to its fullest condition. They will not know when it happens. As same as the love between boys and girls, they know not of when love started. They know they have loved already.

Language and words are not the key of communication at this point. Through the straight talk does not look likely enough. Whenever they see through the others life track, their stunning courage, commitment, or their clumsiness, beyond words could describe, it is extraordinary that words and language there are more powerful and deeper acknowledged.

### **Through the “right” Question**

Once audiences are in the condition of human fellow, they have no fear. Originally, we do not have fear. As per Joseph Campbell, an American Philosopher’s quote “At life’s first settle up, life neither contains fear, nor desire. Soon after it well set to live its life, it begins to fear and desire.”

The “right” question is like shooting a neutron toward a heavy element for a powerful atomic bomb. The right questions are neither those splendid, nor the reasoning. It is that helps the audience to look into the inside of their direct experiences. These type of questions do not relate to memory but all living in the audience to interact among them all for well furbishing all. Superficially, it looks like a normal meeting and they are talking with manner. Eventually, it is exchanging direct experiences between pair, and finally spreading the love for human fellows throughout the whole meeting.

### **Through the “right” Topic**

The topic of discussion is significantly resulting the meeting quality. The “right” topic not the topic we want, without care for the audience’s feeling. That is an extreme selfishness. Including privilege the promoter take in question set to assure the audience to agree with them, by asking “do you agree that...?”, or “Ok, this is what I will take.”, especially in Thai culture, audience will not decline that. Even though those choices are great but they might not sense it as necessary for them personally. Deep down, each has his own topic to discuss, but could not find anywhere to express their mind, and spent his whole day discuss other choice of topics.

I used to behave that shallow, unknowingly, trying to work on “consolidated topics” that all sexes and ages can join discussing those interesting topics. Even in upcountry meeting, local people there talked about public events and those meeting turned out like a parliament meeting. Those meeting revealed new data for excitement. Many meeting attended by popular or well-recognized people to well satisfying each other of that essential information heard to uplift their sense of patriotism. But those mass meeting did not give any sense of self learning in particular. I felt uselessly making sand castle on the beach that collapsed down by the waves.

After a long time going round in circles but did not give up, I found 2 common topics people share their interest in. One is food as everyone needs to eat and another is history as

everyone shares some same history. Thus I use these 2 points as strategy to draw people's intention toward and participate in our meeting. By this I joined the team to set up สำนักงานสนับสนุนการพัฒนาศาสตร์แห่งชาติด้านอาหาร as a department of Ministry of Public Health and set meeting about foods all over the country. Together with co-operation with historians around the country for in depth historical activities, started in Phrae and Phitsanulok province, but the outcome does not last. By time, they are back to their normality.

This taught me that the key is to find the “right” question they feel a must to discuss about. At least it must not be our topics, but theirs. The word “necessary” rooted from Latin, It means “not yielding” or another meaning “the essentiality”. Not connecting to any public issues, it could be any topic they feel problematic for them and the most important in their life at the moment.

Only the most important case could bring about other small issues, or we can just leave out all other issues and focus just on the main issue. For example;

In year 2011 during flood disaster in our country, love for human fellows faded, and returned the political epic. Furthermore, it was pre-national election moment. The opposition developed with media, spreading through seditious claims and incitement, bluffing hostility against other group to look at each other like an enemy. I had to set Mind Storming stages in major spots of the country under the topic of disaster. Each stage had around 300-400 persons of audience. At that time, I was not sure about what was going to happen and could not even know if I could handle the case. I was apprehensive seeing some wearing their political team shirts to show offensively which side they were supporting. But there was none of them showing interest in political discussion. All the interest are on the situation of disastrous. They wanted to know what each department would do and how to co-operate with each of them. Each told what he was doing, what had been done and further wanted to be a part of the network to deal with worse case to come so they could prepare themselves in advance.

The “right” topic is one good choice of making a bridge of communication through the audience which helps accumulating the love for human fellows faster to reach its fullest condition. At least, we would see some change before the meeting ends.

Anyway, no matter the topic is truly their main problematic issue or not, we must see it as merely “a topic to start discussion”. In a while it will fade away and other interesting topics will come out to them. They gradually find the main objective of their persistence to the meeting that might not be relevant to the starting topic.

Then they bring themselves to the crucial moment of their lives. They are forced to investigate what they used to overlook, in order to step over it, go beyond their prejudice, and limitation that once blocked them out. Aligned with Laurence G. Boulton, a comment in her book; ‘Work of Life’; More than 50% of the American who have a job always say that they are not satisfied with their job. However, most of them never let that dissatisfaction reaches the level that makes them have to do something. They never realized that crucial force for investigating their own selves and surrounding thoroughly, not until they see the true mission

of their lives. Actually, the necessity and beauty are sharing the same character, it is all according to the eye of each person. No matter how critical the situation is, one would never find any way out, until it become something necessary. Once dissatisfaction rises to the crucial moment, they will protest themselves and the world for a better world. Yet not reaching that point, they tend to bear it. Withholding the fear and hate toward problems, they restrain and thus, they cannot see the way out.

### **Through the Trust in Human Fellow**

Our learning ability leveled up from the ability to trust our own selves. The more we trust ourselves, the more we can go further and further in our track including in another mysterious track.

Generally, in small group discussions, there could be some curiosity showed out from a group. Do not rush in. We do restrain and trust the group will be able to get through the case. You can have someone from mentor team to get in if it really needs it. Anyway, do not let the worse situation; someone raising his hand and ask a questions to you directly, to happen too often. If you hustle there with the small group, the discussion will suddenly stop like a plane with broken engine heading down from the sky.

Generally, there are two parts in small group discussion. Starting with talking their brain out; everyone speaks over the same headline. Once everyone completes, they discuss on interesting points. Some give advices. Some tell story they could figure out. This goes like concentrated, not yet a serious discussion. Once the whole group has no other word to say, they starts the second part; speaking their mind. Words come through like water streaming with all contents. Once a person finished, another will continue with another content. Carefully, they listen and thoroughly understand every content. Not just acting like listening, they are listening, and not need to speak with realizing that “If I rush to speak, I might interfere what is in front of me right now.”

The speaker just tells the story. Especially, those who well reach the condition will speak with full of feeling. Their body language will be as if they are in that situation that right moment. Knowing well they do not need to try to speak, just speak, and speak without fear. Irrelevant to how close they are to the others, they are just happy to speak out their mind and feel the liveliness growing inside of them.

The listeners simply listen. Not-knowingly, they lean forward with intention to listen more. Their shield dropped and become less defensive over what they think they already knew well. They release their hatred and can give up those irony; “I am not like him.”, “I am better than that.” Or “I am good. And he is not as good as me.” All will be gone by time. Listeners will be bound there like that situation is happening directly to them. Very serious, they can be listening and having feeling like to tease each other at the same time. Despite those severe issues, they will find they can laugh a lot more than they thought they would.

That moment, other people, trees, pets, community, those mentioned about before, started to show up on stage. There are more than few there, but hundreds there on stage, thousand and ten thousand, hundred thousand to millions. The wall collapsed down and open for getting light from the sun, feeling the wind, through the riverside, to the sky and the universe. They could feel the blessing spirit. พวกเขาจะรับรู้ถึงความศักดิ์สิทธิ์ได้ด้วยตัวเอง

For me, personally, I feel like there is something penetrating through my heart. I have seen beautiful smiling faces, sobbing, watering eyes with relief, friendly touch on thigh, tapping on shoulders, embracing with care, giving some tissue paper for tear wiping, caring eyes from far corners, etc. Each care for others and does not want to leave, feeling like having many stories to share. All changed from start that “I have nothing to share.” to wanting to hear more and will share back their story in return. Unrealising when trustfulness gained in between, each start to accept and respect all other as well as pleased to support each other in no-self condition.

I am fully agreeing with David Bohm’s words that “Once people are close together and talk about those significantly important to them, their whole body, their heart, adrenalin, and all sensation involve. In this case, they are as close as sharing the same body. Once you can hear each other’s thought and restrain to make any judgment, you find and be a part of “one spirit”. As we share the same core content, other comments and assumptions are less important. And even you feel the same parting of one spirit, you do not lose any part of yourself. There will be no conflict in between even they are having different thoughts. Agreeing or Disagreeing is not the major point.”

I am confident that they do not sense by senses; not through eyes, mouth, ears or brain. All are from somewhere unknown. Through individual freely, undeniably, and there is no reason to deny it anyway. This is through our mind. Each knows personally. The sense is between one self and something forgotten for so long time. It returned with joy like blossom flower, petals dancing in the rain.

I am also sure that they are connecting with the universe. But not sure if they are bound or they bound himself there. It is a weird satisfaction there sensing “what is not right”. Even unknowing “what is right”, they do not care much. They sense inner power and life miraculous mystery. They realized potency within that not been used from long lost. With first curiosity “Will it be worthwhile to give up something I have or have been to explore something considered my life’s essence?”

### **Through the Silence**

There are some moments someone senses something that they know too quickly interpret will make it lost or pushed away. It is something vague, but it is truly exist.

Many times I ask them about their feeling toward the stage; “How do you feel with the stage?” “I am feeling good”, is the reply. This answer is not that they do not know what to say, but they know there is no correct word to describe those kind of feeling. The more they try, the more they go wrong from what they sense.

Thus many people try more to be alone, quietly in a break or at night. That is a part of their effort.

Silence is always overlooked. Silence is the universe' voice. Silence is telling the quality level of the stage. It is connecting all the audience together and incredibly carry each individual back to their own selves. Many times the stage covered with silence and then someone speak out and that is truly from their heart and penetrate those clog inside. Silence is not a stumble, but the essentiality of the stage like a musical rhythm.

In addition, silence has a deeper meaning. It means shutting off from the chaos world in our heads coating our true liveliness. Some call it "Calling from inside" some call it "Real Inner Voice". It is calling us all. I have a good story to share with you.

A man found his dearest wrist watch, a gift from his mother, had gone during cleaning his horse stable. He rush to the stable to search for it, but could not find it. He asked a group of boys out of the stable to help him. "I will give 1 \$ to the one that finally find it". Unfortunately, they tried again and still could not find his watch.

Then a boy came to him and asked for another try. "This time, I am going alone."

He looked at the boy in the eye, thinking "How could you do this alone while many others had been there but yet not worked that out?"

That boy walked in the stable and he waited outside, feeling desperate and almost gave up and go. Then the boy walked out and holding in his hand the watch finally found. To his surprise, he asked out "How did you find it?"

The boy answered "I didn't do anything. Just sitting and soon I heard the ticking sound, and that was how I found it."

The noisy sound of the whole group is the noise in our head, while the ticking sound of the watch is the real inner voice. If we listen to it, silently, we will hear it.

Thus, mentors will need to be there inducing silence in every part of the meeting to give them chance to hear their inner voice clearly. Those voice will be induce individual to change from within. Even they do not know it right then but they will soon.

### **Through the Patience in Longing for that True Question**

No matter how wonderful our "right" question is, it is only "Opening Question" to lead them to think. The "true inside question", which once pop up, will start to control their lives by self-questioning "What am I doing?", "What is going on with me?" or "Will I be able to change my living style?"

These true questions are somehow frustrating. They will blink away and stop their motion to listen to their inner voice. This stage full of confusion and frustration could induce avoiding, being uncomfortable, non-assertiveness against their own selves, and becoming upset with the situation. It is actually an unfamiliarity as they are among so much questioning

and answering like they are in a game show. But after a while, they will be getting to like it and enjoy answering those questions. All the answers will be less meaningful, just like kids who are playing hide and seek, would run around finding a place to continue playing. The answers found irrelevant to the previous answers. Some answers just sound similar to the other previous ones but feel totally different. There is no exactly final answer. All answer could bring a new question like walking through doors after doors to our own track of living.

These questions are powerful enough to destroy the cage we self-caught for decades. Freely stepping out of usual comfort, we are out there to search for the answer, eagerly and non-stopping motion. It seems like there is nothing to stop this mission, even the old traditional life security ideas. It is like those world successful people's path. A Noble Prized, American Physicist; Arno Pensiaz, was once asked a question. "What is the motive of your success?" He said "I was engrossed with the question that kills" Same as to Albert Einstein, with the question; "What does the universe look like if we go by riding on a beam?" that he dedicated many years studying and finally understand the theory of Relativity. Or the Lord of Buddha, of the question "How do I do for human fellows to be free from sufferings?" This question occupied him to venture out in abdication to the jungle for years to finally enlighten then he could share the truth he found to other fellows.

### **Through Long Waiting for Someone to Give in on Their Mistakes**

Once the condition of love for other human fellows comes to its full, it appears in form of giving in all the mistake made by their old belief. The mentors will be waiting for this moment with many different feelings. It is not an enthusiastic way or focusing on which audience will be getting to this condition first or any frustrating way.

At the point, we should pull ourselves to be at the present. Only know that there is something to come. Remind yourself not to rush but extend this period. Be calm and stay calm while listening to them, each of them should speak freely. Though it is off the way from the topic, just keep listening. Do not care if it is passing the breaking time. Just delay it. Do not interrupt, not move, not a cough up. Do look into the eyes of the speaking audience. Then there will be someone confessing their mistakes. "I am bad for that...." "I should not do that" "Despite I know,...."

Once someone tell the story of their mistake in quaver and confess that they are part of the problems or been trying to solve the problems in wrong ways, sometimes, the whole stage is as quiet as dead. Then someone make a move. It is not a set up incident, but a part of the flow. The quality of the stage is uplifted like a clear sky after the rain. There you feel free. There comfort allover your body and throughout the stage, the rest will look back into themselves and talk about themselves freely, not by script they prepared in advance.

For me, these words are gifts from heaven that penetrate through every hard shell everyone holds.

Once I set up a meeting for a university instructors. I was taking someone assumed in ready condition, not a 30's age teacher sitting beside me but the one taught me how to

accelerate the induction for condition of love and that meeting teach me further that it is also not relevant to rank, position, sex or age.

She confessed that she made a mistake in not helping a student and the outcome was severe. She wished she could have done better but she chose not to do just because it was not her engaged responsibility and then she was so desperate. Right the moment, the whole meeting was in silence and listen to every word carefully. They started to search within and talked about their mistake, not the other would like as firstly thought. They talked about some opportunities not been utilized to its fullest. Some said they did not do their best. By time, all stories are the same story. All thoughts are bound to one and wrapping up everything and uplifted all.

I asked them; "How are you feeling now?" Some answered "Like I was living in the stream of overflow with all dirt before. I was half dead. And glad that I am here today. This meeting has freshen me up to a new person." I felt like seeing the chain once hold them been unlock and vanished away through the door.

To admit that we have made mistakes, it is the hardest thing for human to do. As we have a firm belief in that we all are living our lives by a well set conditions. We let ourselves to think only about that if we are still in the same track as others and what to do to be able to keep being in majority. We are confident in that we do not have any life mistakes. If there is to be any, that must not be from our deed. All are from others.

Have you ever seen any Prime Minister or Parliament Chairman come out with public confession? They should be having more responsibility than their people but other way they seem to be. They are more likely to blame others. We might have to wait for their last day of their lives. As death has the power to release the dying from resistance. Once they can give in and let go, they start to be part of the universe and then they will see the world for the first time. Like we have seen dying people will ask for forgiveness but it is too late to get up for doing the right things then.

Like the best scholarship student, the best successful engineer, who became the Minister of the United States; Robert McNamara. During Vietnam War, he was the position of secretary of Defense. By his administration, many soldier lives deployed leading to demonstration for withdrawal the American troop from Vietnam. He responded fiercely that "I am doing the right thing". Later the war intensified greater to end with great loss of America the country. He resigned and escaped away. Even to the University of California, Berkeley, once he belong, he was unable to step in. Many decades passed, the ex-secretary of Defense in the age of 85, had changed totally. He wrote a memo "In Retrospect", later made in documentary. There he confessed he made a wrong decision in Vietnam War. He appeared in the interview with voice and expression of guilt and word "wrong" has been used many times thoroughly.

I also had made mistakes. Feeling the pride of being top of the country in mind storming induction meeting and writer of many books about this topic. though I knew I had made mistakes, I could not accept it, until....

Once I was inducing for a meeting for a local in north eastern. I asked them; “What in nowadays do you find better and worse? We separated them into groups and let them list down their answer. The better are like plumbing, electricity, medication, district administration, asphalt road, basic fundamental system and social welfare. The worse are teen mom, abortion, children abandoned, broken family, separation, lack of unity, thief and loan liability. Then I asked them back; “Is it worthwhile getting something but also losing something else as well?” We did give them time to consider well before answer. What do you think of their answers then? The answer from each every group is the same affirmation; “Yes, it is!”

I was feeling like seeing a dreadful ghost in the day time. They were definitely not playing with me. They just gave their answer truthfully. If it happened long before that time, I might be needing to “fix this misbelief”. But I recognized their shortage and hardship in living their lives, repeated reformation from many organizations to make belief of all given to them are only the greatest things and nothing else to compare. They only wish for all convenience made ready for them like people in the center have had. That moment, I well understood why they had forgotten all the love they had for others, completely threw away the sense of sympathy, and did not see the world in front. They embraced the world of their dreams, which held no feeling, no heart to sense of what right and what wrong.

After a while, I was trembled with self-pity that I was a victim of this system. I was unconditionally admitted that I was one of those who kept giving wrong information to them. The guiltiest person was me. And that was my last time working my creation as of “inductor”.





## Chapter 5

Rock on the Top:

The State of the Power of Love as a Fellow Man

“มีสิ่งหนึ่งซึ่งมีอำนาจมากกว่ากองทัพทั้งหลายในโลก

นั่นคือความคิดที่ถึงเวลาของมันแล้ว

เวลาที่ว่ามันมาถึงได้อย่างไร เราไม่อาจรู้ได้

แต่เมื่อมันมาถึง มันจะเปลี่ยนแปลงโลกทั้งโลก”

Voltaire

French Philosopher

Our work is to induce for support the power of love for human fellows to grow to its fullest, for group and personal level in the same feeling of a magician creating a birds from a piece of cloth and let it flies away, but not in the exact way.

The power of love for human fellows will appear among the audience in stage in form of intelligence. This word is from “inter” and “lecture” and could mean things that appear in the lecture or conversation. Thus intelligence is not from teaching, but during the course. It doesn’t come along while being alone, but while being in group only. It is then not from one person, but from unknown thing that is called “Mind”.

Primary, intelligence appears in 2 forms at the same time. One is purposefulness and another is pop up.

In this case, “thought” is not cleverness or explicit knowledge that inherited. It is not merely tacit knowledge either. It is skillful knowledge from within. Reason I am so confident about it is from an incident.

Once I set a stage for a state enterprise, there was a man with somehow outstanding character. I used to mind these kind of characteristic before as they can be overacting or make me inferior. But I am now kind of like them as they have some special power inside, only it is encoded and they do not feel it. That man ran around like a rocket in small room until run out of battery. Half day passed, I could sense he was different somehow and I sat down to talk to him. He turned to me and smiled then looked at another person sitting not so far, listening to a speaker. He turned back to me and said “I can hear his thought!”

I was shocked. I was also confident that I was not mishearing. I have heard this kind of ability before in the previous meeting. I got suspicious of how that could happen that someone hearing the other’s thought. Each has never known each other before. How did they say the same and why would they lie to me?

I started to find the answer I would satisfied, such as, is it possible that those thoughts are just like waves that moving in the area and once someone got in peaceful condition, they can sense it like connecting a light bulb with the electric wire for lighting. That did not give me much satisfactory though.

However, I am more tending to believe in that thought is connected by the sense of love for human fellows. It is fresh and lighten up like never happen before and cannot figure in advance. According to Ikujiro Nonaka, an expert of Phronesis or strategic management as distributed practical wisdom, which is a knowledge from peaceful mind or “think by not to think”

Whenever this kind of idea is described into words, it will become knowledge as said by Albert Einstein “Those thoughts usually not come in words. Once it happened, I then try to find words to well explain it.” Knowledge is the past up to now. Thought is open. Knowledge is limited. Thought is like pure air flowing to replace bad air in a closed room.

However, I admit that thought has close relation to the brain ultimately. Scientist has been researching on brain, especially in 1990's that the United States' parliament announced the "brain decade". There has been many new researches on brain study; Right brain for emotion and left brain for reason, including the functions of each part, etc. Regarding doubt on that brain does not control life, there is something we do not know yet controlling on life. Yet, we use our brain less than 10% and still cannot find how to increase our brain capability.

My assumption is that as in our brain, it contains only 10% of nerve cell and 90% is glial cells, the word rooted from "glue". The glial cell which was once considered only being sheath and does not play any important role, thus had not been studied on. Is it possible that we do not work by those part of only 10% of nerve cells, but we do only understand the working of that 10% part? There is a case supporting this idea. Back in the time Einstein passed away, there was his brain cut open for study what was in his genius brain. The assumption was that his brain containing more nerve cells than normal people. But it was not so. What different is his brain found having thicker glial cell, making sense that there is a mystery in glial cells and the whole brain. It must be having some relation with the "mind" somehow. Maybe, the glial cells has the ability to connect to every dimension without using any sense. Actually, the brain might not be the part working in term of intelligence, but possibly the channel for the true self to appear.

Certainly, thought is self-notice, does not need to be told. In other word, it is "insight" or "intuition". The word "tuition" means teaching. Apparently, there is someone as a teacher. While "thought" happened by internal sense. It is actually there. Only has been waiting for our comprehension. "Mind", the great thing holding thin layers screening it from our sense. We cannot identify its shape or size. By the time we truly see it, we truly know it is bigger than we once thought. We are its product; its juice. We are not important to it as much as it is important to us.

We can say that mind storming has main objective of the thought to appear. For those who are often attending the stage, will be sensitive to senses and have intensive mind. Once they got restless from their real inner voice for stepping off the same old way of living to venture to the place not found on any map, to their own track or their life path. Then their mind will develop to finer tenderness to feel the **faithfulness**. They will have the ability to view this world with different visual. That is seeing with different aspects, setting different relations with others, to perceive what other cannot see. In other word, they will have "vision", which means seeing what other cannot see.

Thus "vision" is not a fool's paradise but showing only when "awaken". It makes self-exploration possible. Afterward, things "appear" surprisingly. This includes knowing by heart what work they love to do, if that work available, or need some work out to have it created. All means the reflection for one self to be seen clearly by himself.

Furthermore, the word "vision" rooted from "wit", for the first era, used in negative meaning of "witch". And for the second era, meant more positive; "scholar". Both words are also sharing the same root with "wisdom". Is it possible that wisdom will appear only when

we get back to our own track of life path? As said by David Bohm; “Once we can see ourselves as a part of all living, we can sense the future path that is setting up from the present moment. It lets us becoming a part of determined direction of our desire future.

### **Patiently Waiting**

Life is not about longing or needing. Life is about having faith in self. If there is someone having faith in the own self, he can have faith in others. In the contrary, if someone start to have faith in other, then he is lack of faith in his own self.

Self-faith brings constraint. He will not harm any other and has the ability to keep calm. He will wait for thought to appear to bring him back to his track or life path. The process is the same to the life of a cocoon that becomes a butterfly.

The mentors should not rush in to help the audience; let it be the responsibility of each life to appear by its own timing. Otherwise, it could forever turn the other way, as this story I share:

A girl watched a cocoon turning into a butterfly. She saw it trying hard to tear its pupa Full of empathy, thinking of how exhausted it was and might be dying not able to get off, she reached out and helped pull that little butterfly out. It came out in frail. She was glad but not for too long, she discovered that it could not fly. Her help had killed it. She handed it obstacle to live natural way. Life crucially needs each to help its own self first to live the real life.

Mentor should give the audience long enough time to sense their own thoughts. For that they are still in discussion, turning around everywhere and leaning for the story in front actually means some thoughts are gathering. You should extend this moment as long as you can. They have many stories long kept for decades and needed to share. They have not seen anyone respecting and paying attention this much before.

One thing we should not do at all during any moment someone is talking about the thing we know well, but we take for grant to dissociate that discussion and have their attention and continue that meeting on our own way. That is telling them what is right or wrong and making them feel like a fool and not willing to well co-operate with us further.

Those thoughts, almost well accomplished and ready to show will not come out. After that, no matter how many times we retry getting them back in group to discuss, it will turn out the same failed. Any thought come out is nothing, similar to boiling water and take the kettle down. The water never evaporate.

Faith in life help us to be patiently waiting and daring to adjust, including joining the same learning process with them.

Once I formed a meeting for alternative farming group in north eastern of Thailand. There are around 100 people altogether. Only some of them have started to change their planting culture from traditional sole rice farming to integrated farming, but all of them thought that they had no idea of any other ways than rice farming. They wanted to learn more

about organic pig stall, sweet bamboo, raising cricket and frogs for commerce. They thought they needed to be educated by some specialists. If I did not have faith in them, I would run out to organize as they requested. But I asked them all if there was anyone well knowing of doing organic pig stall there. There were actually some people there well working that out as well as other things. Then I group those of the same interest for discussion and switch all around to different groups throughout the course of 2 days. Before closing, I asked them all if there was anyone unclear. It turned out none. They have learnt that all they did not know was actually had been known well. For the first time they could proudly say “I am actually cool.”

### **Well Blended**

At one step, they would not be able to love or hate someone specially. There was no high or low in position or rank. They helped each other to take off all unnecessary and blended together like water drops. They joined groups of discussion to give consult, advice, information and help each other in all questioning and finding the answers. All support each other in well organized. Mind storming is actually containing both well-blended passing on knowledge and brainstorming.

Once I set a mind storming stage for university instructors and staffs. There were problems of overload burden, on-going argument, separation into groups, and poor administration. We had a resort as our setting. In the second day afternoon, each started to ask their own self to follow their real feeling or inner voice. Each started to search for what they were good at, not by paper to submit for one’s consideration, not for annual budget, not for asking other to help or waiting for any command from top executive. They erased all their old excuses and found new supportive factors for their own. That night, I need to cancel the scheduled plan for letting them work through what they needed to. I asked myself again “What are the duty of the mentor like me?” I was sure just that I am not a guide, a head guy who will grant for a reward, or someone telling them what to do. Only one thing I could do was only making each individual knows that the only person who has the full authority in them is their own selves. They are the one telling themselves what to do from now on and in which timing to finer their own life. Life perfection is not cram forcing to fill in all the space. Life is not a water glass or deficiency or imperfection. Our life is actually the nature. It is as natural as each every tree and animal that all born perfect. Their life at this very moment is like those of the cocoon, well grown, crawled off the pupa. In becoming beautiful butterfly, the first wings are small and thick with wrinkles, taking a rest to let in some air to circulate blood to their wings. It can stay still there until they are ready to stretch out their beautiful wings to fly away.

Next morning, while I was heading to the meeting room by the schedule, I stopped with surprise to see all there sitting in a big round. Some were writing on flip chart full of letters. Some were listening. Some were serving sweets and some were giving relaxing massage. They sent signal for more time asking in order to finish their work with summary. I went off outside waiting for them. I looked at them from out there; what an uprising! I could not help smiling with that phenomenon. All the past, I had to ask for on-time attending. But these group of people did as if they did not even need me there. They seemed to be the owner

of their own life once again and knew very well of how to utilize this meeting room to the most effective way. Each were responsible their work naturally until 11 a.m., they let me in. I felt fully like human fellow special guest there. More special than being a facilitator I was before. Everybody there shone and full of joy. Some asked with blush “Do we have to present?” I smiled and say “All’s up to you!” The deputy dean rose and told me with full appreciation that last night they discussed in the meeting and continued in a room until it passed midnight. Everyone was energetic. Thus they made agreement to further discuss early this morning on those topics of discussion once felt boring. Then an instructor concluded the work of each individual from this meeting, including other beneficial projects they could do further together. With some draft up plan, they could adjust by different situations later.

Even most of the answers sounded so familiar, but it gave different meaning. It spoke the individual’s real feeling not other’s. It convinced they were once appearing in the universe. Those paper were only an evidence, but not holding any importance more than each individual’s determination to do as they promised to their own self.

After the meeting, the young deputy dean walked to me to say thank you. I asked him if the outcome was as he had expected. He smiled and answered “Yes, even though I can’t describe it exactly enough.” And I would like to tell the same. That moment I felt something overwhelming in my heart. I left that resort and still could feel its enchantment and could not keep it with myself alone. I was sure of what I have experienced with my own eyes that it was not a dream and had many witnesses. I felt my hands reached out to softly support them to stand on their feet, stretched their wing and flew away into the wide world.

Slowly they leaned over to their team and naturally well blended. All processed beyond any design and expectation. I was curious if there would be any more meeting like that one. Not too long to wait, I had the same experience in another meeting.

In a meeting of a career group, though they had been meeting for a while, they did not see their expectation grow into any progress. Some showed up by feeling it was the duty to, some took it as a walk through, and some wanted others to do as they wanted. The more they attended, the worse the meeting turned to be. Many gave up and resigned. New faces came in replacement. It was like they were stuck there. The meeting looked more like a party than a social influencing team as their original propose. Their meeting proceeded to the 3<sup>rd</sup> day, the same phenomenon occurred. There was a person sneaked in a different group of discussion just to listen to the ideas. Then they joined the teams and all became one big group of discussion as if many small rivers run into one same stream. They helped each other in note taking and administrating the meeting wonderfully without me persuading them to. Until 12 a.m., that all done completely on their own way.

These 2 incidents have made me considering the word “co-operation” differently. It is not a conspiracy to show obedient to the command or assembling a watch. It means dedicating the whole life in the center space to take a part of living. Then hearing the real inner voice to do the right thing as they should have done for long time ago including firmly making a decision to do as heard, they did their part in the first hand and then co-operated



with the others. Having the objective to put the life back to normality, each is compared to a string musical instruments that played in harmony with others. The root of word “co-operation”, is from ancient Greek word “Koinonia”, which means being a part of the total living and participate in all, not in just one part or group.

**The Mind Storming Stage is a channel to take people back to taking a part of the universe once again.**

### **Join the group freely**

In traditional meeting, even if they want to join with brave, they still hold greater fear. They look for the place to join for “meeting” in different topics. While most of the selected topics are serious cases that frightening the audiences.

Knowingly or not, they do not need any form of meeting that will be different. They do need to hear neither different nor new information. Being in labyrinth of problems and solutions and jumping to graceful vision mentioning, then they will discuss the strategies, action plans and activities. All goes without checking deeply how much those cost is going to pay back in good result or it is going to be another failure in long-termed.

They thought they were talking to those attending the meeting, but they were actually not there. Each individual was speaking in their dreams. They were not thinking, but squeezing their brain for information of their memory. Not knowing thoroughly, they just felt like “just knowing” limited part of their lessons studied. They were not listening. They are selecting in which words share some same common idea as theirs.

Most of the Mind Storming stage, we change the focus from “problem” to “people” for sooner we can more and more seeing others as human fellows. Others are mirror reflecting ourselves so that we can see clearly of our own self. At the very end, the audience could feel a bit surprised about their own selves. Seeing through the own self will show in form of “knowing what to do from now on” and sensing some thought in their head abruptly. It could be either related or unrelated to the stage’s topics. Having some determination or fond in some work, which they would definitely do, even without any command from the top. They will just do it by not urging or forcing themselves, not by having pressure from anyone. They know they will be overwhelmed doing that thing. They do neither need and idol or model nor expect any ready-made answer in advance. They are free from illusions in the heads they had for long time. The root of word “Project” has one meaning of “Mental plan”.

Anyway, decision to do does not mean that they will actually do it. Once they are back to the same old surrounding of full load of work on their desk and many other problems coming in their way, they could finally give up the idea. Only those who is really ready for it can persist and look for the right time to commit those thoughts. Those who are not yet thoroughly ready will try somehow before getting back to the same lifestyle.

The mentor should spare some time at least for 1 or 2 hours for free discussion before the meeting ends. During this period, they will be freely pair or group up to exchange their ideas and surprised about themselves. They can make further invitation to someone for

joining other activity for final accomplishment on their thoughts. This free join meeting will miraculously empower brave over fear.

For those who are “Thoroughly ready”, they would know well of that they were actually not those they once knowing well. They did not own their life. They were only the watchers of their lives. They were the witnesses or the audiences. When looked back into their past, they admitted that “Before this, I was just having life.” They did not live their lives as they should yet. Life was not only just body and brain, but something mysterious holds the control.

For those who are not yet “Thoroughly ready”, they will restrain and hold themselves there. The word “not thoroughly ready” does not mean those bad or incapable, but full of the old thoughts and thus will need more time. No one can tell when. Sometimes, facing death and sudden instability would possibly create change them to the condition right away. As per Stanislav Grof; once facing the death and instability in direct experiences, one knows the idea of what they are holding their strategies for their lives are all wrong. All perception is an illusion. And they will be forced to investigate for the meaning of life and value of living their life for true.

For me, this is the most wonderful moment. All exhaustion gone away and I tell myself that it is so worthwhile to have been sacrificing all my time and trust for decades. I see any hardship inside my mind, forgotten for a while, by the greatest divine sense replaces those grieve. I smile to myself and look around to thank all for myself, team, audiences, all living things and the universe for the chance I have seen the real world through the stage of love and “Three Lumps of Rock Principles”.

## Conclusion

“มีสองสิ่งที่เป็นแรงจูงใจขั้นพื้นฐาน

นั่นคือความกลัวและความรัก

เมื่อเรากลัว เราจะผลักไสตัวเองให้ไกลห่างจากชีวิต

เมื่อเรารัก เราจะเปิดรับทุกสิ่งในชีวิตหยิบยื่นให้

ด้วยความปรารถนาอันแรงกล้า ความคั่นคั้น

และการยอมรับ”

**John Lennon**

Musician, The Beatles

The stage of meeting is not grouping area for those having fear. Not for relief, therapy, alleviation, or building sufficient productive system. It is purely a place for grouping of love for human fellows. It is the key to dissolve inner conflict to finally bring us back to the wide world of unity and live a meaningful life on our own way.

The stage need those mentors who will see it as it really is, to utilize it by all suitable situations. It also needs those mentors who can patiently waiting for the valuable outcome.

If this is what your heart desires, you should be joining as an audience for a while. Until you can see it with different visual. Sensed by feeling reluctant when getting back to the same traditional stage. You should attend different meeting by different groups until you find the type you like. I am pretty sure, all are on the same principle.

“Three Lumps of Rock” is the principle of opening self of all things including the power of love for human fellows. Mentor is the person who induces for the state of human fellow to start its creation, gathering into the condition of love for human fellows, once reaching the fullest, it will be showing in the condition of thoughts of love for human fellows.

Firmly standing on the principles, you will be in on-going development and will not lose any track. You will be able to obtain the power from each every stage and to give forward greater benefit to others in the stage. The more into the principle, the more power you will gain from each stage and you will see the love for human fellows is the power beyond all other expectations.

**Whenever we are under the light, we will know all we have been doing is adjusting our eye sight to the darkness or fighting against it just to run down in the end.**

In case that you do not have in mind of any how the stage is set, my suggestion for you is that you attend mind storming stages. Seeing through those mentors working and their techniques, you will see the power of love well-noticed. During the process, you should check inside of yourself as well for your feeling. There might be something come in to lead your way. It could be your right time decide to do something to establish something bravely then.

### **Blossom Moment**

In the world of hi-technology created by human to the state we are left behind and almost becoming our own victim. It looks like nowadays we have only 2 ways out.

**Alternative One;** we are still shivering in the capsule of fear. We let it to take the charge all over our body let it control our life. We live by basic instinct and trying to adjust our selves to get along. We please it by showing the fear through that we block the growth not to be too fast that all human will be soon becoming their slave. We spend most of our time watching and criticizing bad news and its effects and scared of how bad the situation can grow. The research on the effects of technologies are reported to get worse and worse every second. We rush to groups for blaming the politician, industrialist, educator, scientist, and computer scientist for that they are the cause of the problems we are facing. At the same time,

we are holding tightly the other end of technology with glad that our life spent this way and together we move the humanity into vagueness. We are part of campaigns and protests, by the major trends, considering it is suitable as we are a part of society. Once we stop taking part, we always find the result we got is less than what we expected.

**Alternative Two;** We let the technology speed up its growth as well as letting all the problem grows around us like our pets in the backyard. Focus on our selves only by searching the job we love and fond of very affectionately. It needs some senses as a compass. Once we find that, there will always be someone waiting for us there. We will need to encourage for joining in group to induce for that right thought to come out and further focus there until the whole group conscious mind coming out and spread all over by the speed of light. That day we catch up with all technology. **Our selves, ceremonies, sciences, thoughts, problems of technology, internal conflicts, and arts are all well blended together in the stream of happiness and love that seems to be endless.**

In this last part, I would like to support the quote of Peter Russel, Quantum Physicist; the outstanding student of Stephen Hawking; the present day's alive Albert Einstein. He said that "After time passes through billions years, there was one creature born and biological evolved, yet keeps evolving the mind up to these days. We are species who explore and study our own world. We search for meaning. We have senses of our own selves and realize all those senses. We are the most creative and intelligent the world has ever had. We bear the potential to develop to very further. Or is this the moment we have been waiting for so long?"

Mind Storming is sharing this same path. It is not invented for just people attending the stage but for all people having conflicts in mind and work in all flexible ways to suit each every personal life and situation. We can say that Mind storming is not only the meeting but how to approach the whole life by self and have the thought as additionally benefit.

If we see back in the history, we will find critical thoughts appearing by its proper timing and place. Both are part of each other and coming together at the same time, like blossom come by in the right season. Only no one knows what thought would appear, where, when, through whom, and how those will share the thoughts with others, including how those ideas would affect our world.

Back to 2,500 years ago, a truth appeared on earth in India and China. Said that there were many people had their enlightenment that era, but the lord of Buddha had the better ability to teach, then he was outstandingly remarkable. At that time, in China, Lao Zi and Confucius found the taught same truth.

Back in 2,000 years ago, Socrates also found the same truth and spread it all over the Europe and Middle East.

Back in 150 years ago, Charles Darwin's Revolution theory was widely spread. Though in the same year, another Malaysian biologist found a similar theory. Charles Darwin just got the claim of ownership assumingly from that he submitted the paper faster.

Or 100 years ago, Einstein made his theory of relativity well-known. A historian claimed that even without Albert Einstein, there would be someone else get to know this theory. And Einstein agreed in that Paul, French scientist would be announcing the same idea he found in the year after in case he had not.

What is certain is they all are as same as us. Many lived the worse quality of living standard. During their age, there was no hi-technology. We could not figure out how they lived to finally sense the truth of life appeared to them. Was it happened by true their intention or by accident? It is worth thinking about that there are so many people around the world, how so little people have been chosen a channel to those crucial thoughts? And even so little amount of thoughts well perceived, they could turn the world to this great civilizations.

The challenge for all of us is “Whatever will happen to the world, we have induction technique for essential thoughts to come out from the stage, even just for 1%, that would be enough to make change.”

Including question that follows “Is it possible that those thoughts will erase all the mistakes human did to this planet earth? And is it possible to use those thoughts to bring back all humanity to the same track again and to flow with the universe in harmonious rhythm?”

Pakorn Suwannaprapa

An explorer of Mind Storming, one of the current stage of meeting form which is well proven effective for “thoroughly ready”. No matter what the occupations, or size of the audience, only the principles well known, the stage performs effectively.



“ในเรื่องของหลักการ ให้ยื่นหยัดตั้งหินผา

ในเรื่องของสนธิฯ ให้ว่าไปตามกระแส”

Thomas Jefferson

Freedom Quote for The United Stated

Whatever we do, the most importance is principle. The rest is only explanation. If you want to mentor in Mind Storming stage, the three lumps of rock is your principles. Further than that; skills, techniques, the surprising results all are its explanations. Once have firmly grip on the principle, you can adjust well all you skills and techniques to well progress any ordinary stage to a phenomenon.